

3) Health Awareness Program

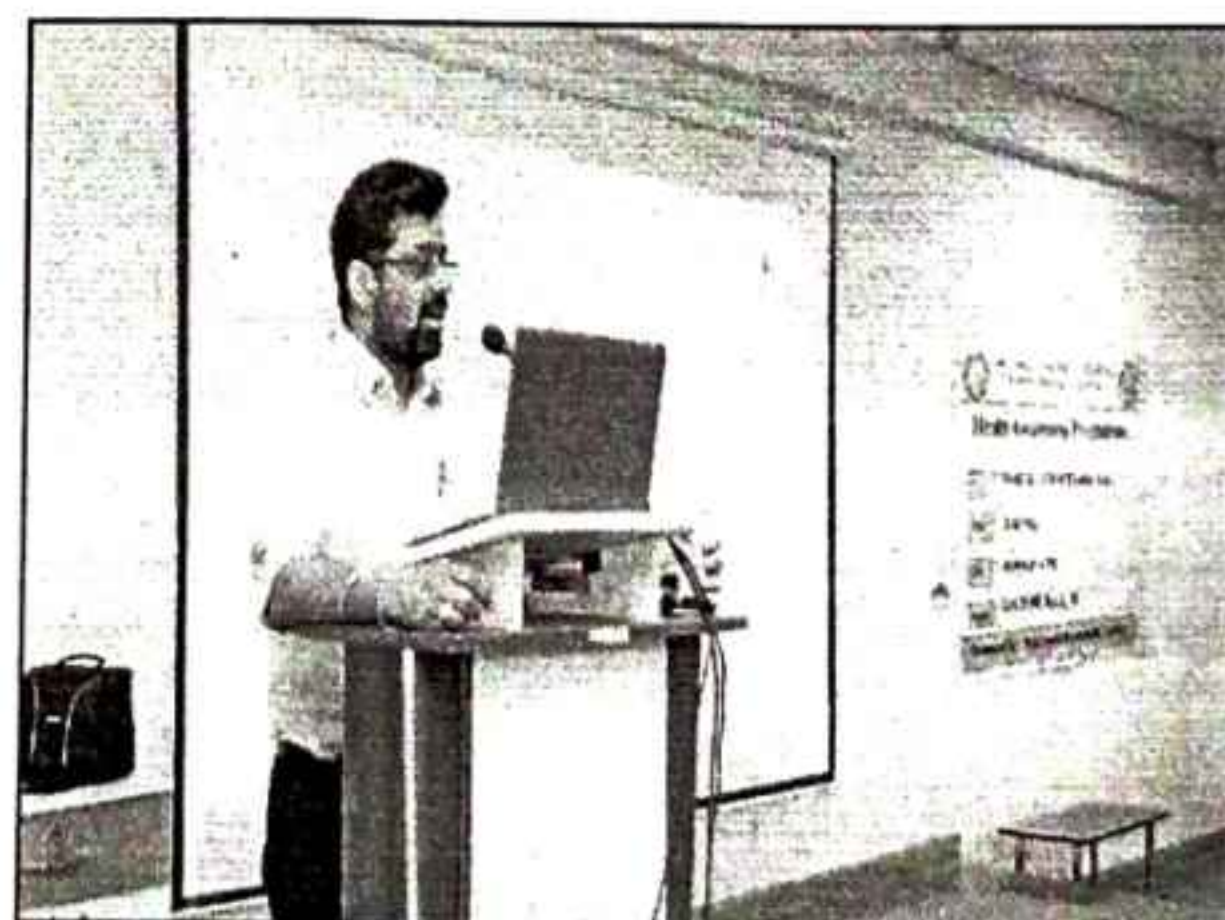
Shri Rawatpura Sarkar Institute of Medical Sciences and Research Department of Community Medicine

Report on World Tuberculosis (TB) Day Celebration

The Department of Community Medicine organized a program on the occasion of World Tuberculosis (TB) Day on 24th March 2026 at Lecture Hall – 01 at Shri Rawatpura Sarkar Institute of Medical Sciences and Research, Nava Raipur, with the objective of creating awareness about tuberculosis among students and staff.



The event commenced with a formal introduction and informative talks by Dr. Manish Prasad (Professor & Head, Department of Community Medicine) and Dr. Palash Saxena (Assistant Professor, Department of General Medicine), who highlighted important aspects of tuberculosis, including its etiology, clinical features, prevention, and treatment. They also emphasized the significance of early diagnosis and adherence to treatment for effective control and elimination of TB.



As part of the awareness activities, four teams of students presented skits focusing on various aspects of tuberculosis. These performances effectively addressed common myths, modes of

transmission, preventive measures, and the importance of timely treatment, thereby enhancing awareness in an engaging manner.

The program was anchored by Dr. Amol Mahajan (Tutor, Department of Community Medicine), who conducted the program in a well-structured and engaging manner.



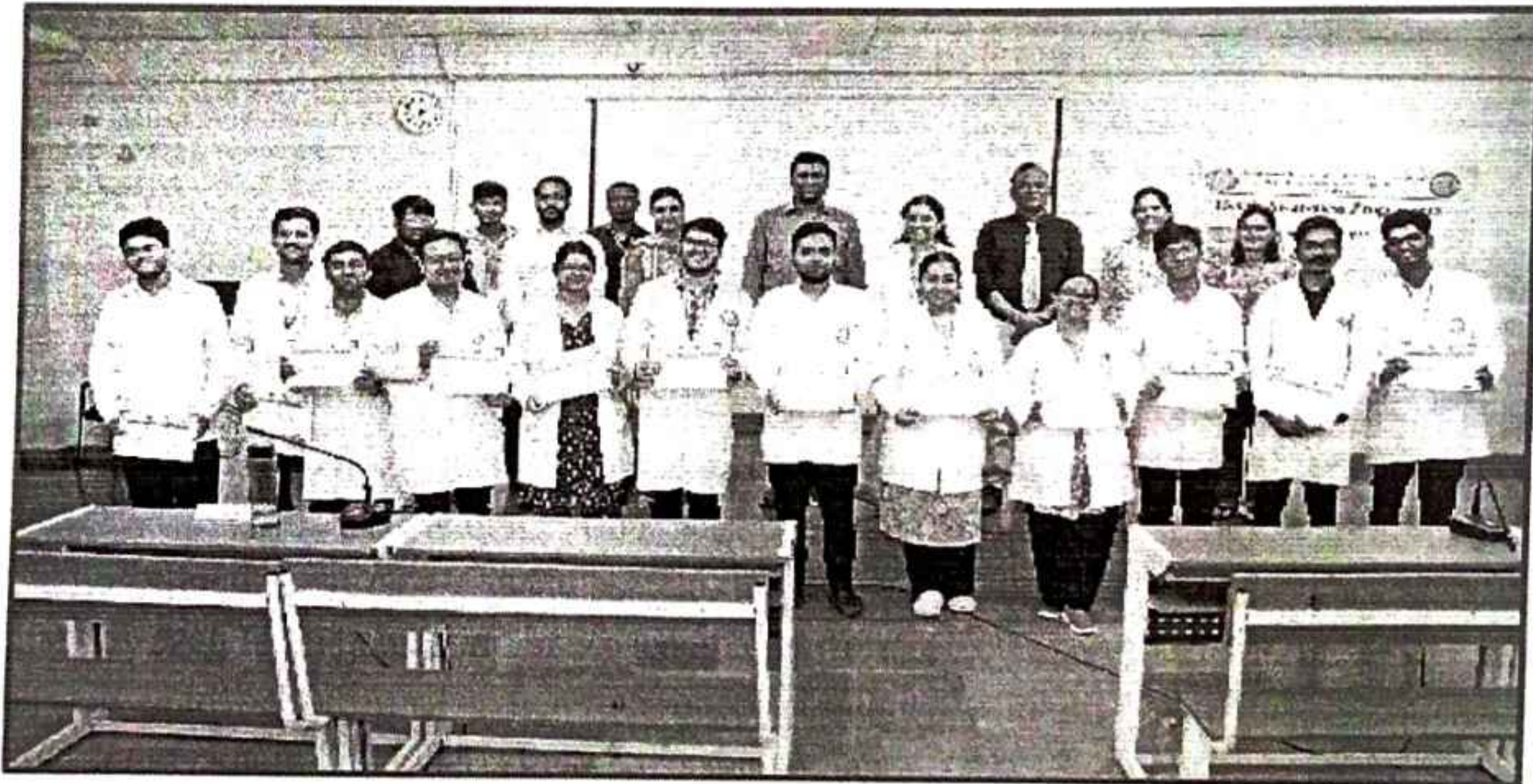
Naushad P.
Professor and Head
Department of Community Medicine
SRIMSR

Shri Rawatpura Sarkar Institute of Medical Sciences and Research
Department of Community Medicine

Report on World Health Day Celebration
(IAPSM Nationwide WHD Quiz Competition – College Level Final Round)

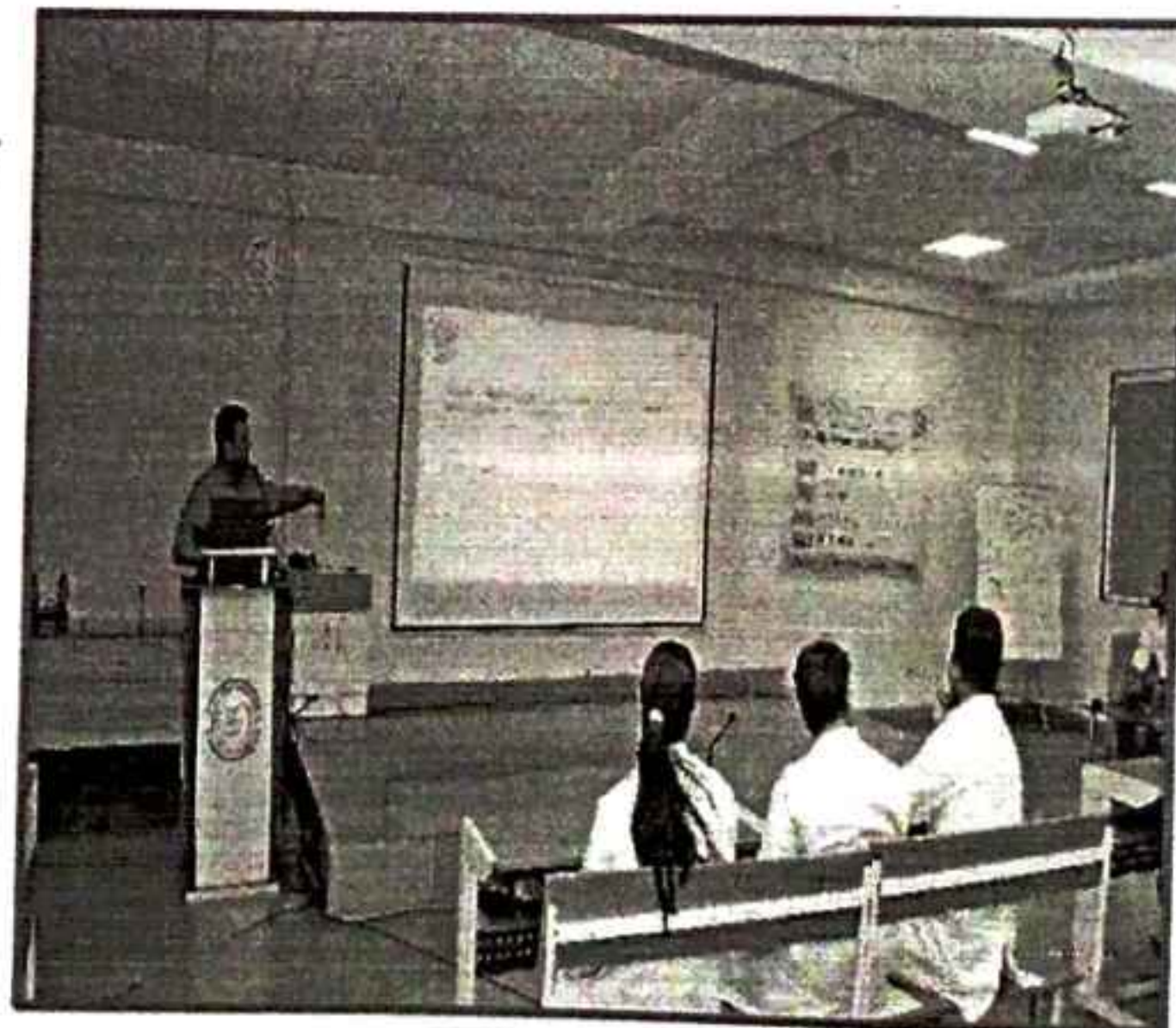
The Department of Community Medicine organized a program on the occasion of World Health Day on 25th March 2026 at Lecture Hall – 01, Shri Rawatpura Sarkar Institute of Medical Sciences and Research, Nava Raipur, to promote awareness and encourage academic participation among students.

As part of the celebration, the College Level Final Round of the IAPSM Nationwide World Health Day (WHD) Quiz Competition was conducted. The quiz started with the initial elimination round, held on 19th March 2026, total 44 students participated in this round. The top 4 teams each team consisting of 3 participants were selected to proceed to the final round, which was held on 01 April. After four intense rounds, team A (Jharokha Nayak, Kanha Dansena and Gautam Golandaj) emerged as the winners.



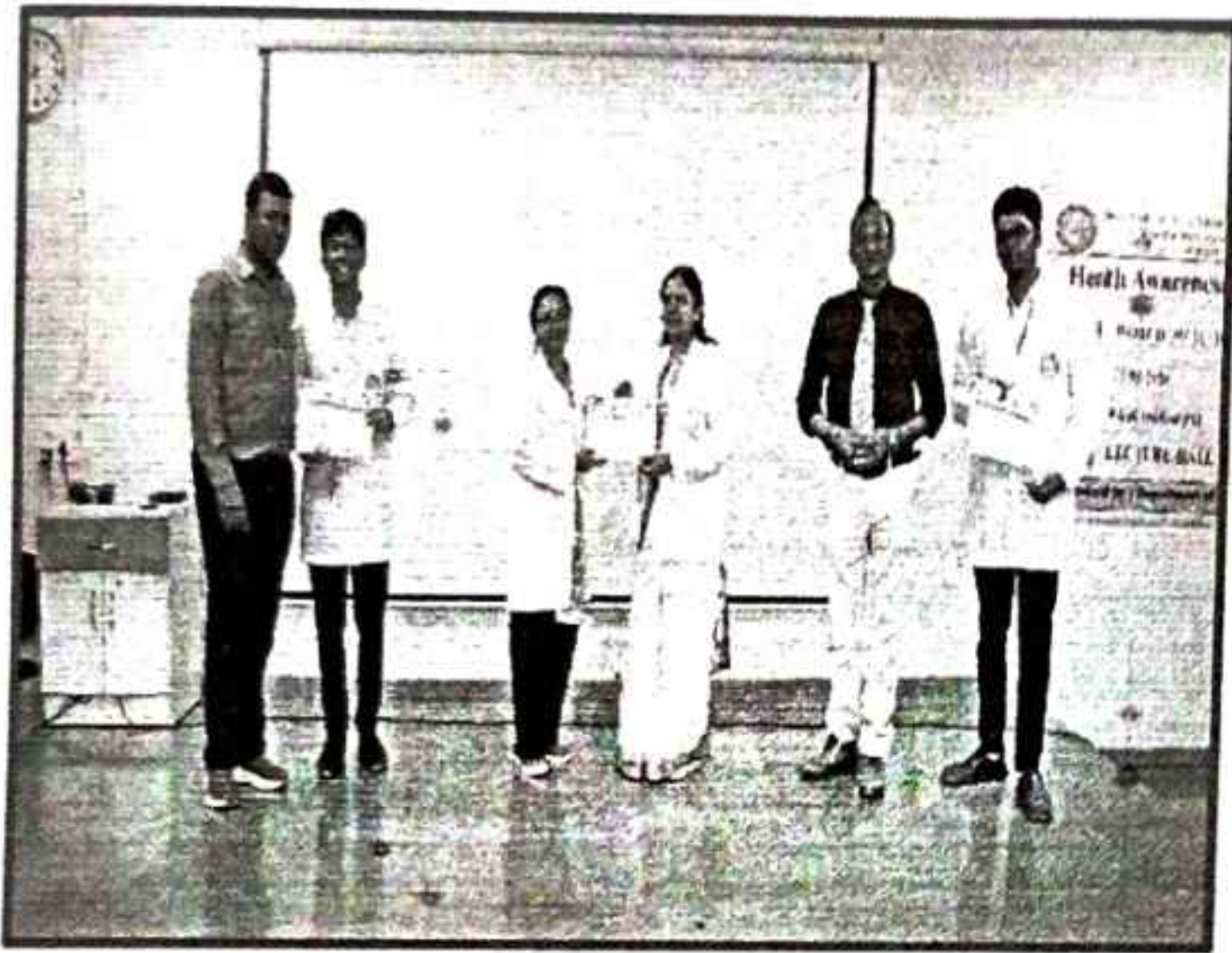
The program was graced by the presence of Dr. Rajendra Bhandari (Medical Director, SRIMSR) and Dr. Sunita Bhandari (Academic Dean, SRIMSR).

The quiz competition was conducted by Dr. Manish Prasad (Professor & Head, Department of Community Medicine), who served as the Quiz Master and efficiently managed the session with clarity and enthusiasm, making the event both informative and engaging.



The program was coordinated by Dr. Yeesha Verma (Statistician cum Assistant Professor, Department of Community Medicine), who is the College Nodal Officer for the IAPSM WHD Quiz, and played a key role in organizing and ensuring the smooth execution of the competition. The successful conduct of the event was further supported by Dr. Heena, Dr. Amol, Dr Ayush and all Staff of Department of Community Medicine, whose contributions were highly appreciated.

All participants and winners of the quiz were felicitated with certificates in recognition of their efforts and achievements.



Uauishap

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Shri Rawatpura Sarkar Institute of Medical Science and Research Department of Community Medicine

A report on "World Tuberculosis Day 24 March"

The Department of Community Medicine observed World TB day on 30th march in Lecture Hall - 01 SRIMSR Nava Raipur.

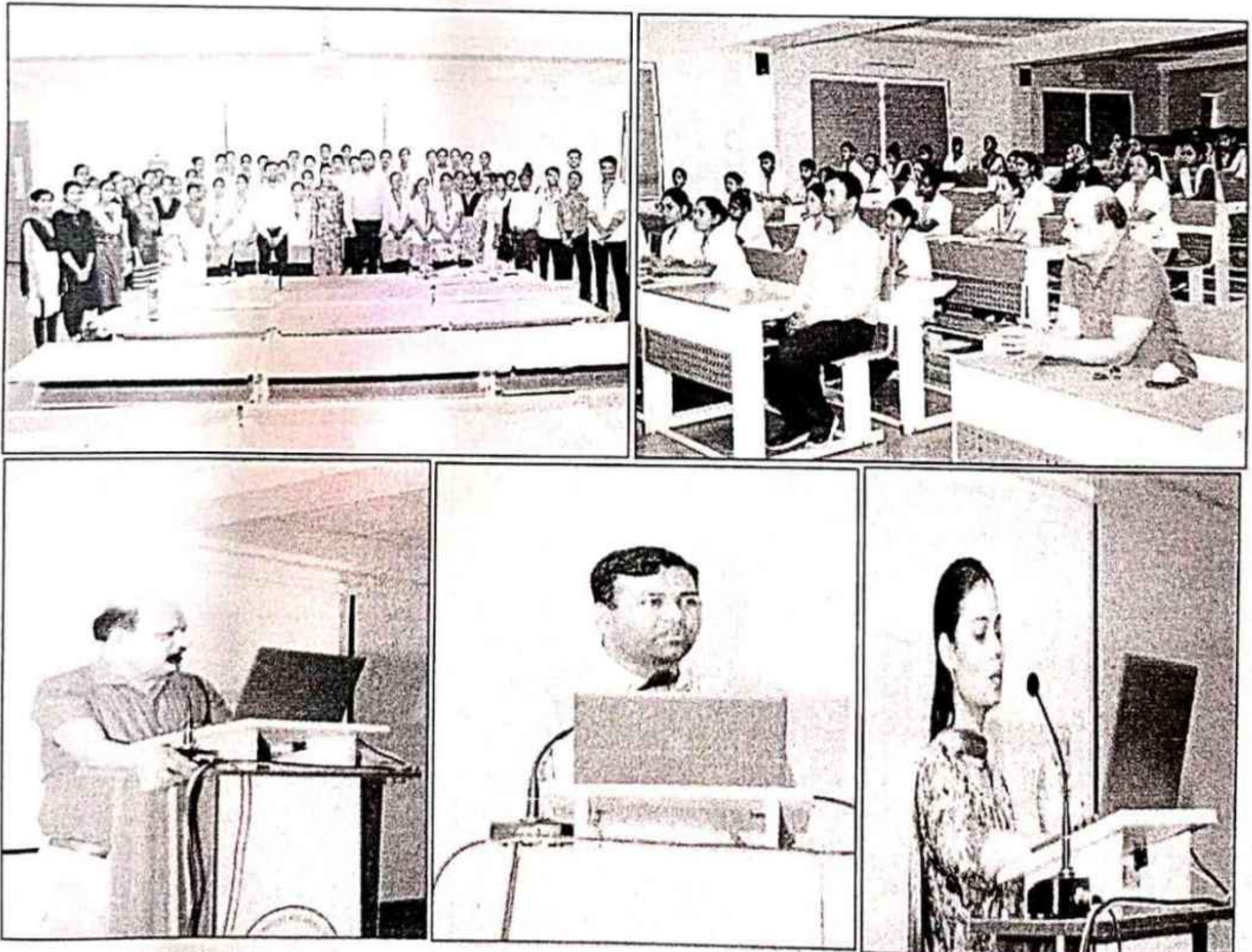
The Health Awareness Programme was attended by students of Ravishankar Institute of Nursing Nava Raipur. Total 55 participants attended the Health Awareness Programme.

The speakers were;

- 1) Dr. Kundan Gedam (Professor and Dean, SRIMSR)
- 2) Dr. Manish Prasad (Professor and Head, Department of Community Medicine, SRIMSR)
- 3) Yeesha Verma (Statistician cum Tutor, Department of Community Medicine, SRIMSR)

In the Health Awareness Programme students were sensitized about the Tuberculosis disease, the mode of transmission, diagnosis, treatment and prevention. The sensitization of Pradhan Mantra TB Mukh Bharat Abhiyan was done.

At the end of the activity students learnt in detail, about the various activity being done by the Department to generate Health Awareness Programme amongst the masses.



Manish Prasad
Professor and Head
Department of Community Medicine
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Shri Rawatpura Sarkar Institute of Medical Science and Research Department of Community Medicine

A Report on "World Health Day"

Across the world the "World Health Day" is celebrated on 7th of April every year. Therefore, the Department of Community Medicine has observed the World Health Day in Rural Health and Training Center, Dhaneli Raipur on 09 April 2024 as a health awareness program.

The Health Awareness Program was attended by Faculty and Students of Shri Rawatpura Sarkar Institute of Nursing, Dhaneli, Raipur. Total 57 participants attended the Health Awareness Programme.

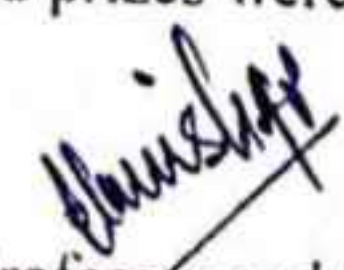
The speakers were;

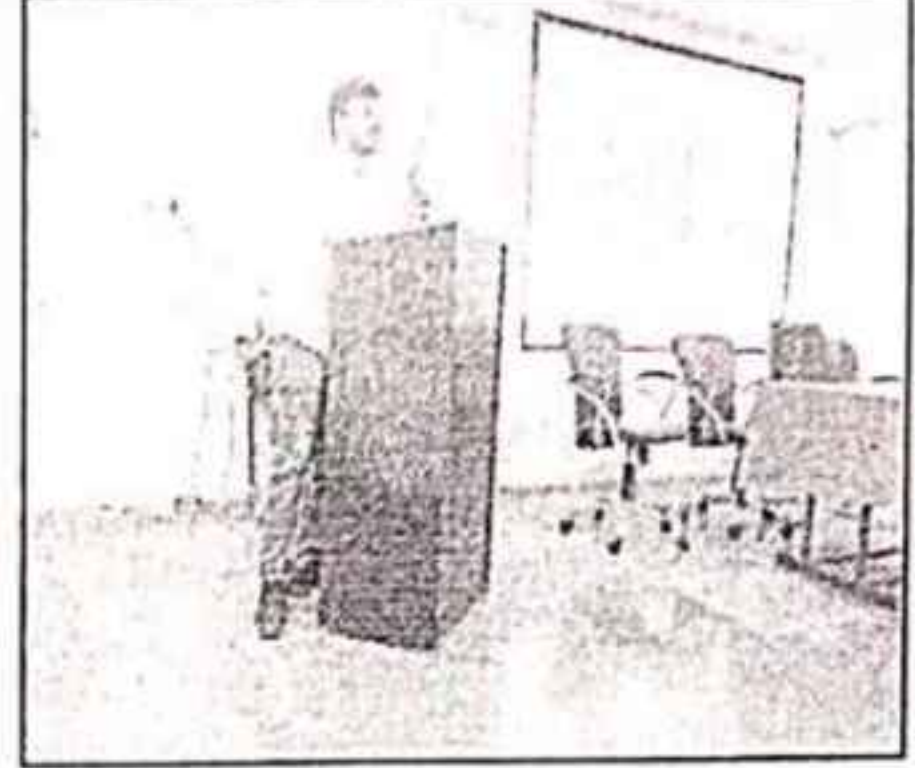
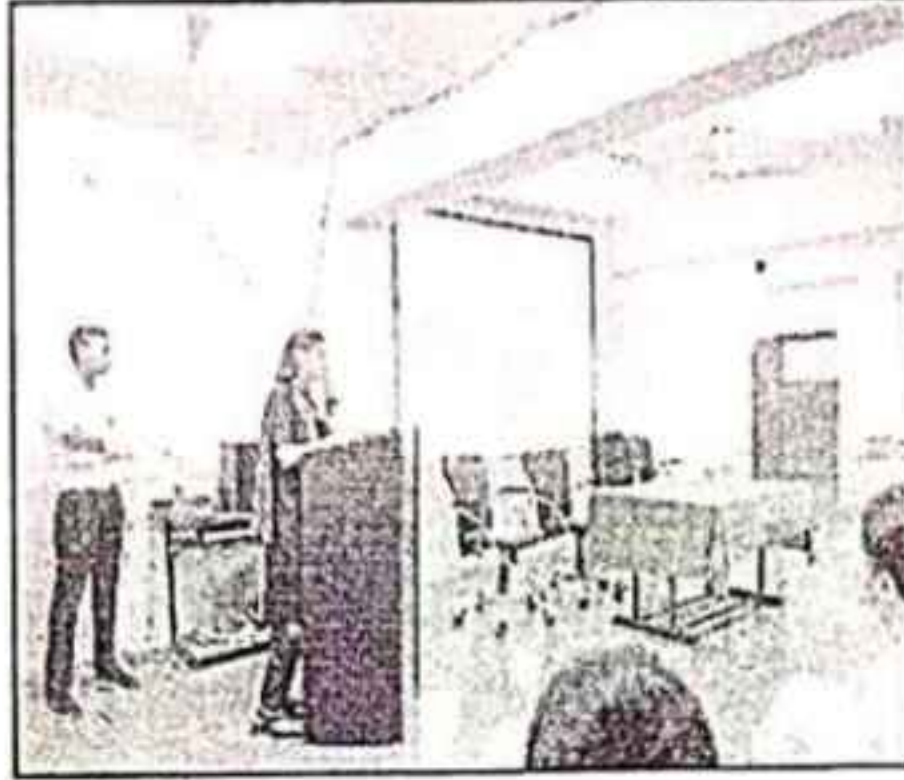
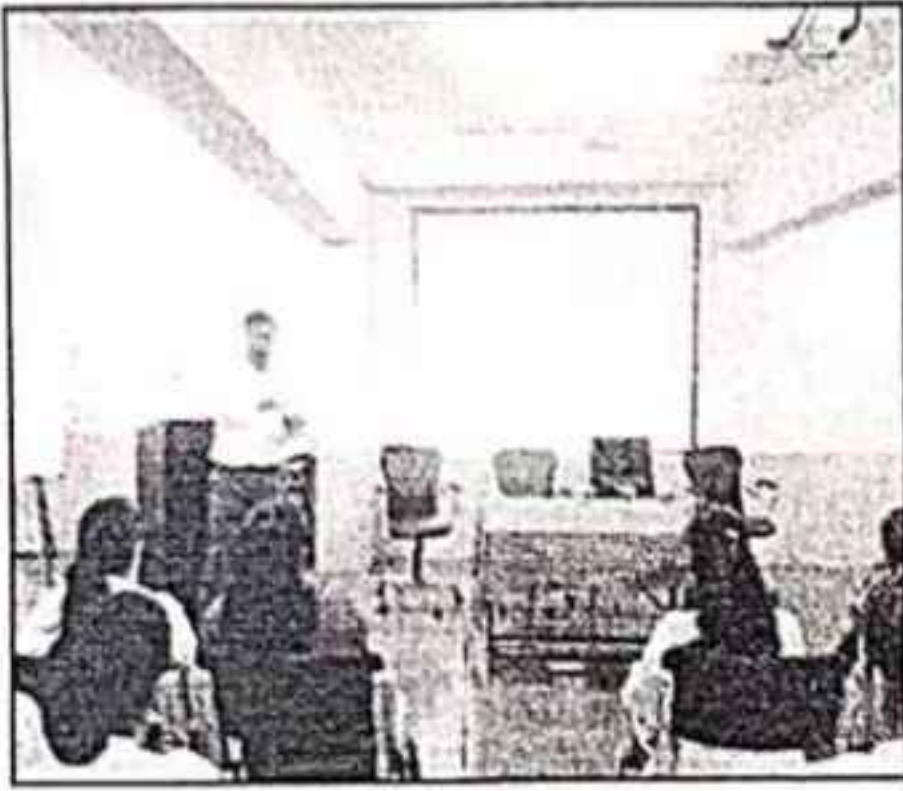
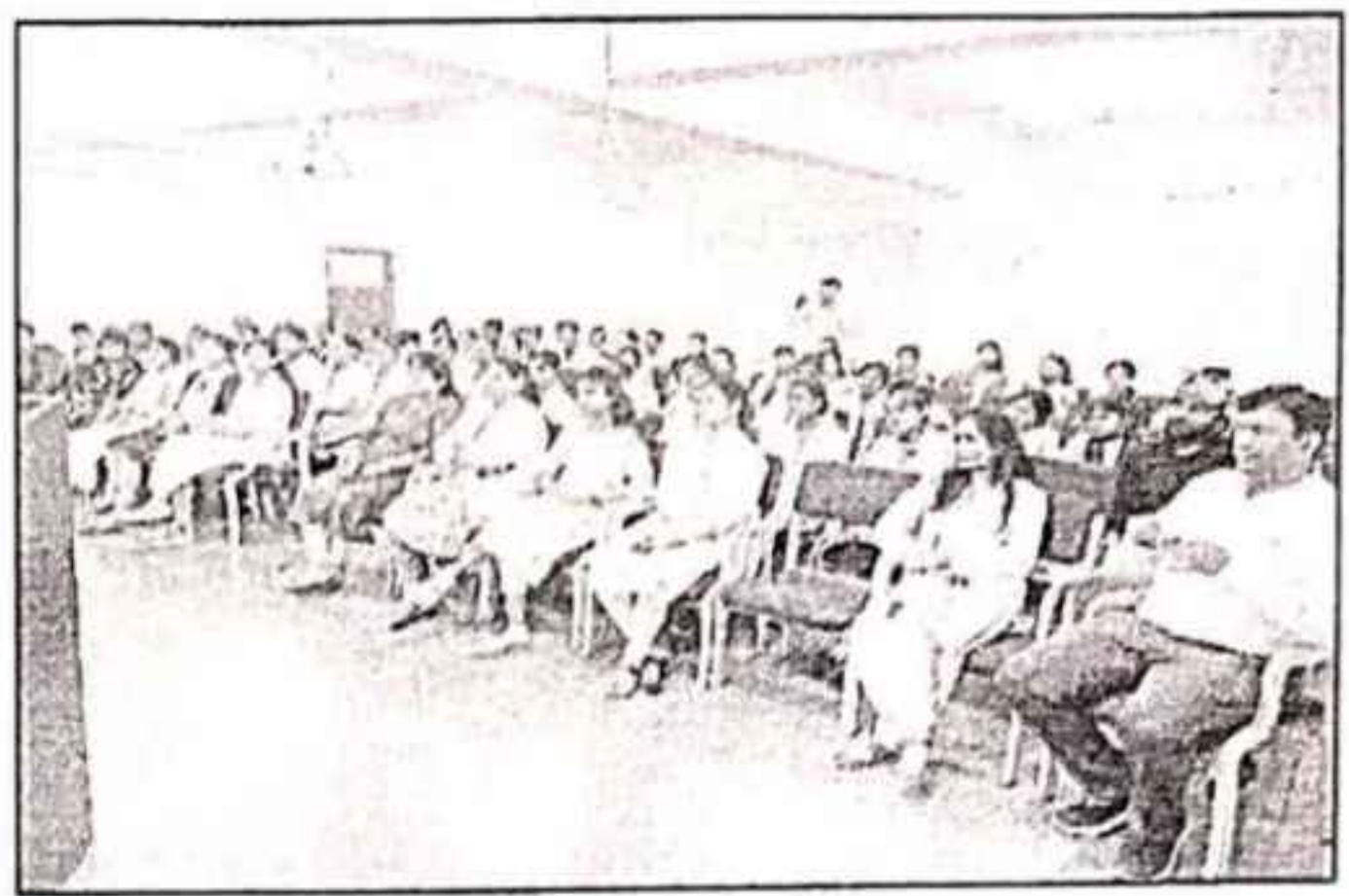
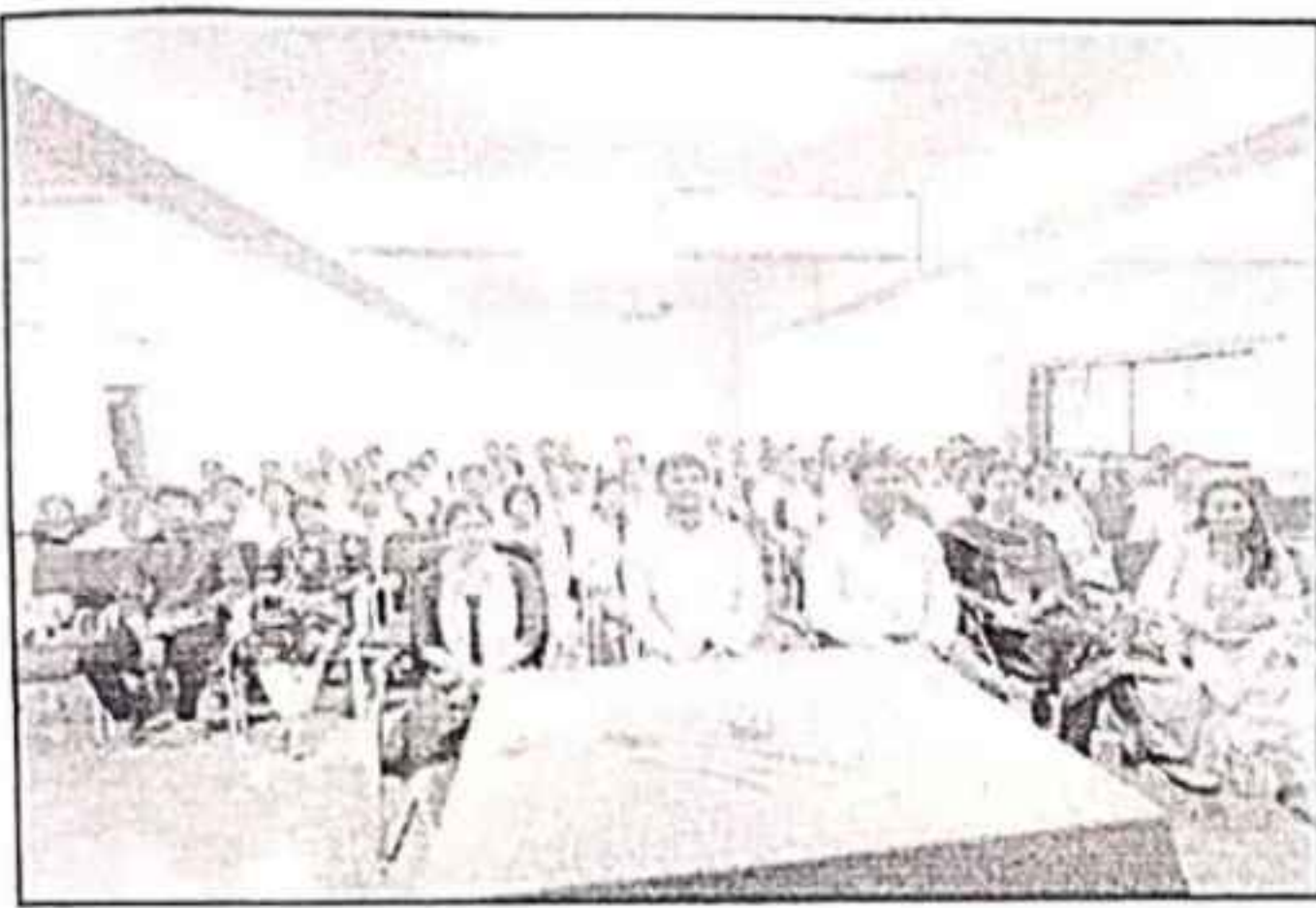
- 1) Dr. Manish Prasad (Professor and Head, Department of Community Medicine, SRIMSR)
- 2) Yeesha Verma (Statistician cum Tutor, Department of Community Medicine, SRIMSR)
- 3) Dr. Mayank Sen (Medical Officer, Rural Health and Training Center, SRIMSR)

The World Health Day Program was initiated by Dr. Manish A. Prasad HOD Community Medicine. He gave a brief introduction about the various prevalent general diseases of Public Health Importance, its prevention, control and treatment at an individual and community level. He also elaborated about the various Health Program's being conducted regularly by the WHO for the prevention of diseases.

Later Dr. Mayank Sen, Medical Officer of Rural Health and Training Center (RHTC) sensitized the participants about the health facilities being provided at the Health Center. Miss. Yeesha Verma statistician from the Department of Community Medicine, presented the Statistics of Communicable, Non Communicable and Mental health in the World as well as in India.

At the end of the Program Question Answer session was conducted and prizes were distributed to the winners.


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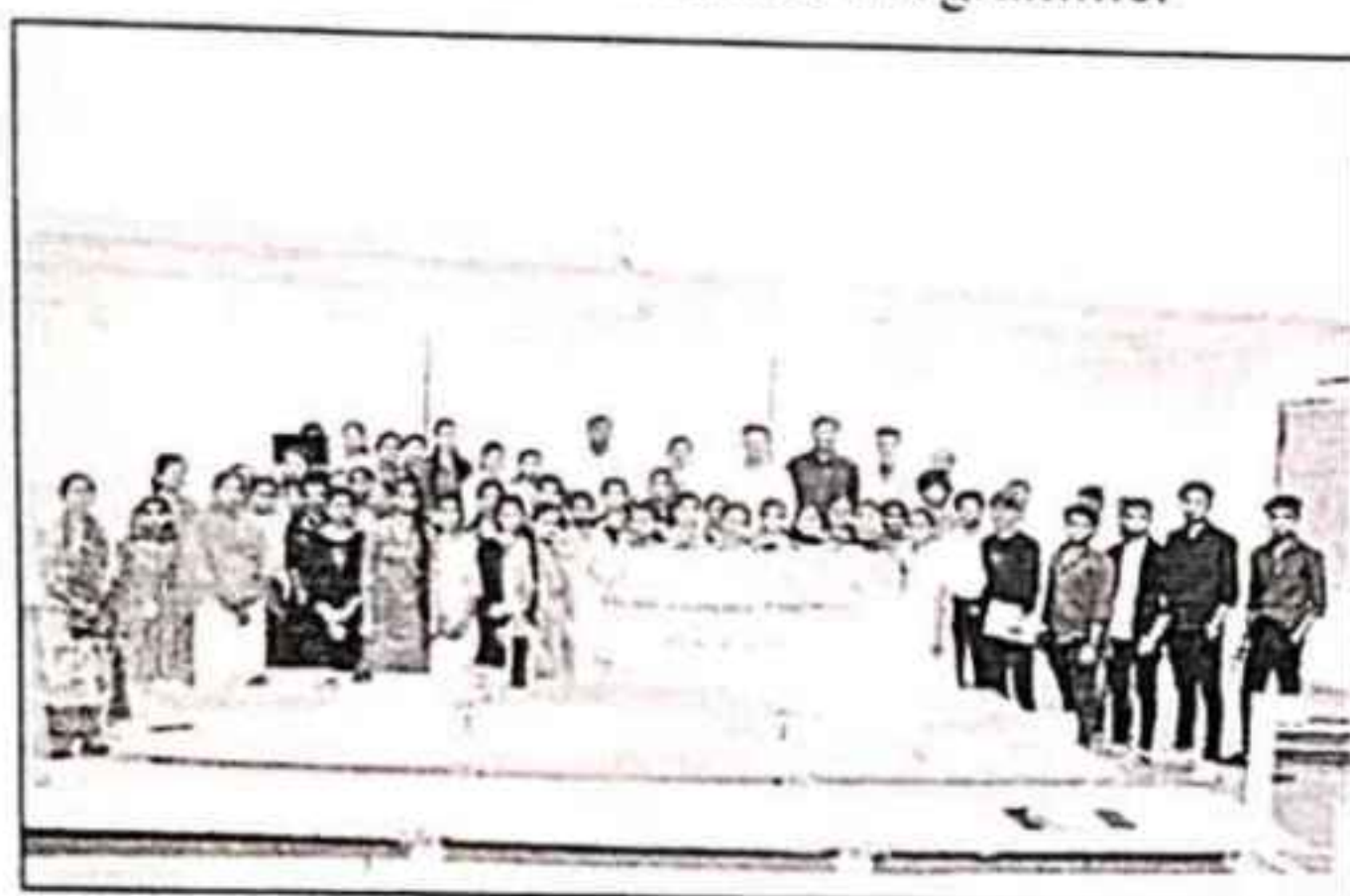
Shri Rawatpura Sarkar Institute of Medical Science and Research

Department of Community Medicine

A Report on "World Hypertension Day"

Across the world the "World Hypertension Day" is celebrated on 17th of May every year. Therefore, the Department of Community Medicine has observed the World Hypertension Day in SRIMSR Lecture Hall - 01 on 17th May 2024 as a health awareness program.

The Health Awareness Program was attended by Faculty and Students of Ravisankar Institute of Nursing, Nava Raipur, Medical Officers, Techniques and staff of SRIMSR. Total 57 participants attended the Health Awareness Programme.



The speakers were:

- 1) Dr. Sanjay Kumar (Professor and Head, Department of Pharmacology, SRIMSR)
- 2) Dr. Divya Agrawal (Professor and Head, Department of Anatomy, SRIMSR)
- 3) Dr. Manish Prasad (Professor and Head, Department of Community Medicine, SRIMSR)
- 4) Dr. Anand Yadao (Assistant Professor, Department of Emergency Medicine, SRIMSR)

At the start of the "The World Hypertension Day" Program Dr. Sanjay Kumar HOD Pharmacology spoke about the awareness regarding the hypertension in community and said that community needs to focus on the early diagnosis and prompt treatment of the disease.



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Dr. Divya Agrawal HOD Anatomy, said to lay emphasis on eating habits of the youth. She especially advised them to stay away from junk food (Chips, Candy, Pizza, Burgers, etc.)

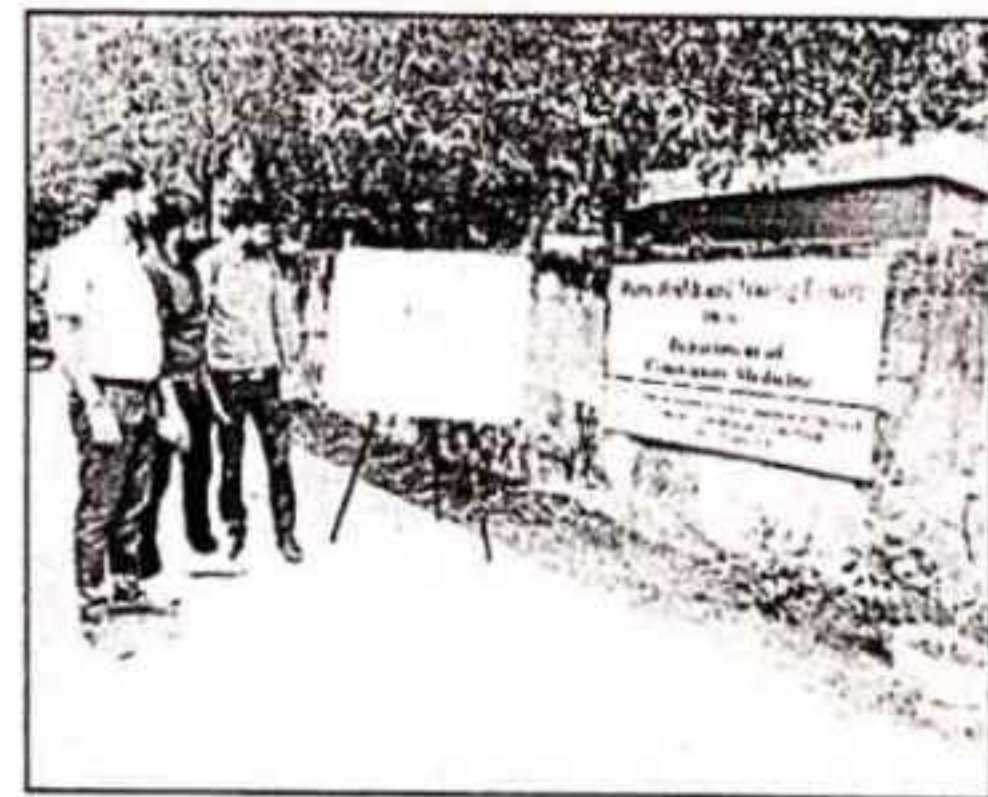
Later on, Dr. Manish A. Prasad, HOD Community Medicine gave a brief introduction about the hypertension and its preventive measures. The control measures and treatment was elaborated by Dr. Anand Yadao, HOD Emergency Medicine.



The program was anchored by Yeesha Verma, Statistician cum Tutor Community Medicine at the end of program she gave vote of thanks to the participants who were directly or indirectly involved in the smooth conduction of the program. Refreshments were provided to all the participants who attended the program.



Awareness campaign was conducted by Dr. Mayank Sen, Medical officer at RHTC Dhaneli which is run by the Department of Community Medicine SRIMSR. He informed the people about the various **do's and don'ts** regarding the hypertension.



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Shri Rawatpura Sarkar Institute of Medical Science and Research
Department of Community Medicine

A Report on "World No Tobacco Day"

Every year, "World No Tobacco Day" is celebrated on 31st of May. This year the Department of Community Medicine observed the "World No Tobacco Day" in Shri Rawatpura Sarkar Institute of Medical Sciences and Research, Nava Raipur on 30th May 2024 by organizing a health awareness program.

The health awareness program was attended by Faculties, Doctors, Nursing staff, Technicians, and other staff of Hospital and Medical College, SRIMSR Nava Raipur. Total 73 participants attended the Health Awareness Programme.

The speakers were;

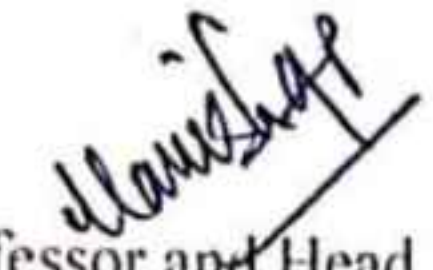
1. Dr. Kundan E. Gedam (Professor and Dean, SRIMSR)
2. Dr. Sanjay Kumar (Professor and Head, Department of Pharmacology, SRIMSR)
3. Dr. Manish Prasad (Professor and Head, Department of Community Medicine, SRIMSR)
4. Dr. Vajindar kaur (District NCD Consultant)
5. Mrs. Neha Soni (Social Worker District Raipur)

The program started from the main gate of SRIMSR, where a Yellow Line Campaign of No Tobacco Zone was drawn on the pathway at the entrance of the Institute. A message was given that the entry of tobacco is prohibited beyond this Yellow Line.

The next phase of the Health Awareness Program continued in the lecture hall – 01 of the medical college building. The program begun with welcoming of the guests. Dr. Kundan E. Gedam, Dean SRIMSR informed about the effects of primary and secondary type of smoking.

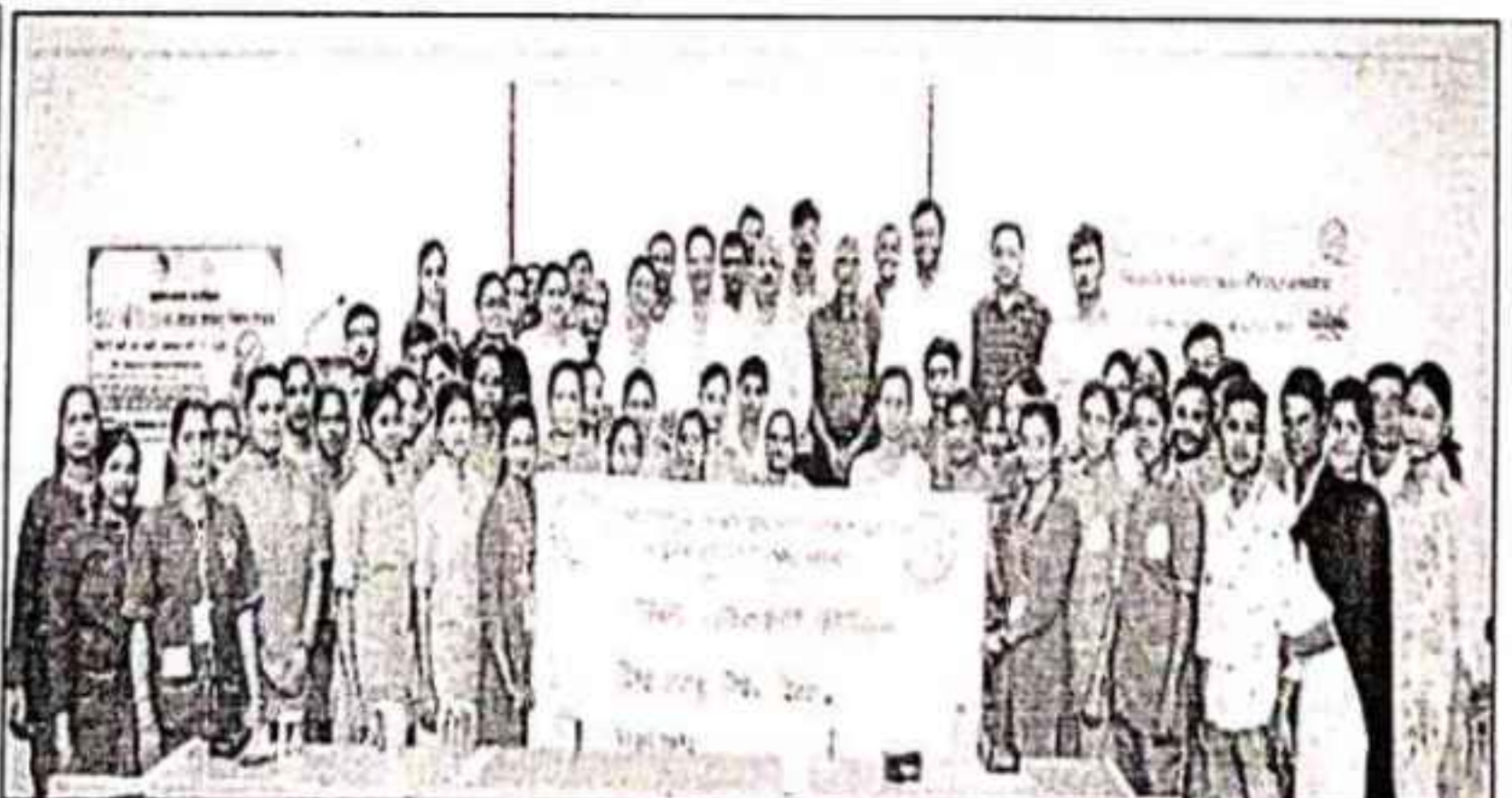
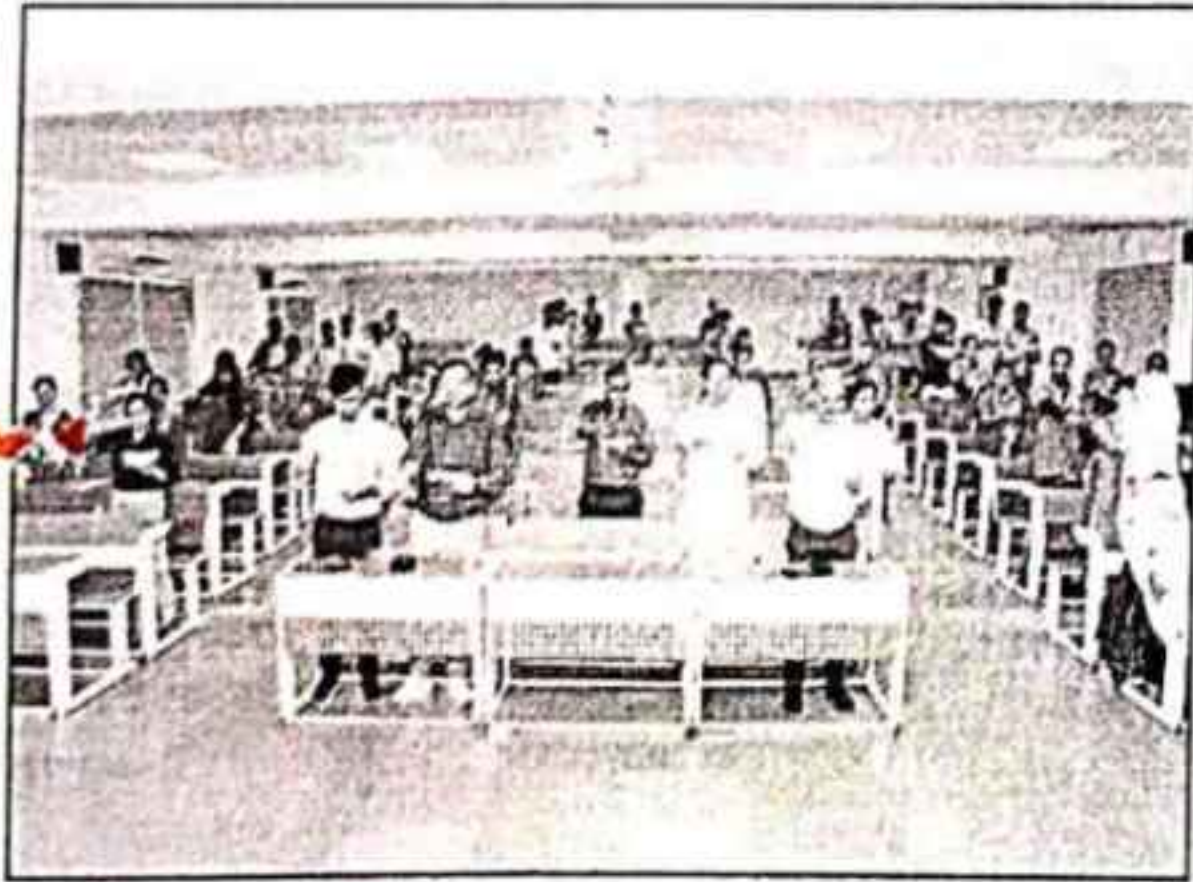
Dr. Sanjay Kumar, HOD Pharmacology explained about the Tobacco consumption in India and how it spread across the world. He also talked about this year's theme "Protecting Children from Tobacco Industry Interference".

Later, Dr. Vajindar kaur, District NCD Consultant, informed the gathering about the Statistical reports on the tobacco consumption across the World, India and Chhattisgarh State. She explained about the chemicals present inside the Tobacco and its harmful effects that are produced on the human body.


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Mrs. Neha Soni, Social Worker District CMHO Office Raipur, elaborated about COTPA act, & th GATS Survey. She also explained about the various Health Program's being conducted regularly by the WHO for the prevention of diseases.

Every participant took oath not to consume tobacco and pledged on no consumption of tobacco in any form. The program was anchored by Miss Yeesha Verma, Statistician cum Tutor Community Medicine at the end of program she gave vote of thanks to the participants who directly or indirectly were involved in the smooth conduction of the event. At the end of the program refreshments were distributed to all the participants that were present.



Manish

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Shri Rawatpura Sarkar Institute of Medical Sciences and Research

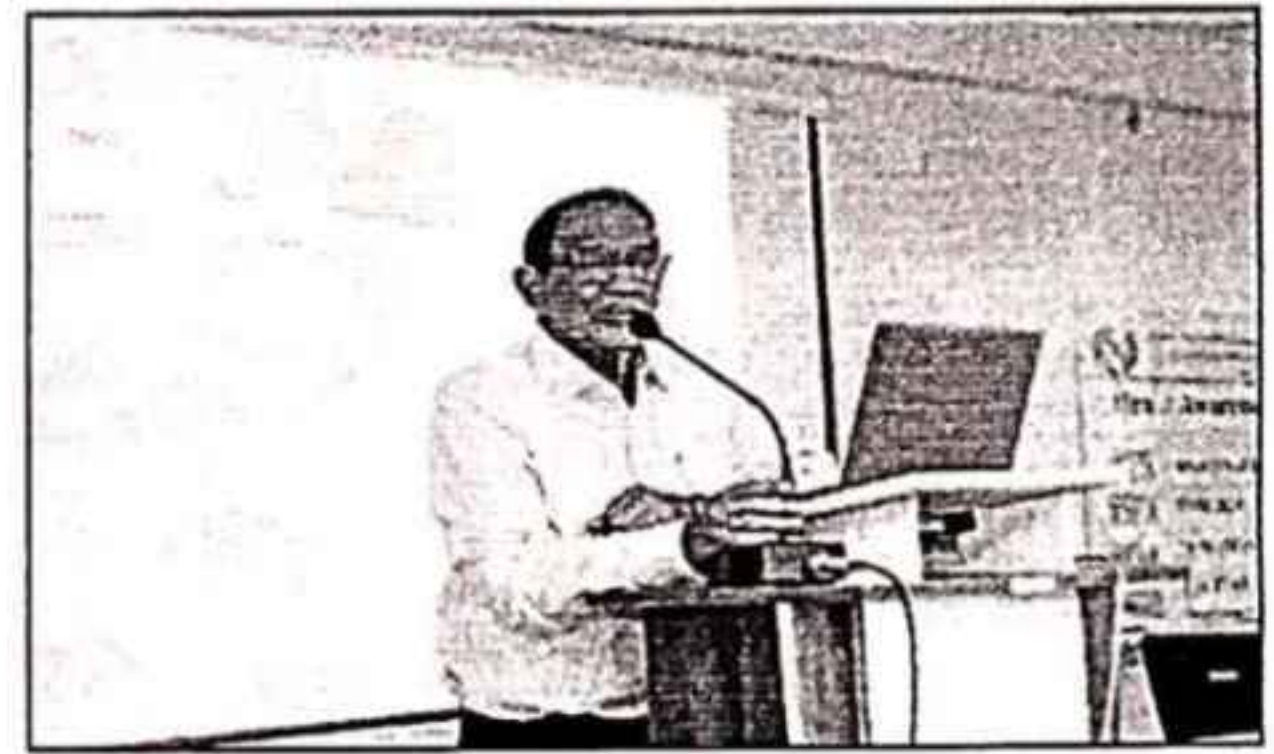
BONE AND JOINT DAY

Every year "Bone and Joint week" is celebrated on 1 August to 8 August. This year in Shri Rawatpura Sarkar Institute of Medical Sciences and Research, Nava Raipur, the Department of Community Medicine along with Department of Orthopedics observed the "Bone and Joint Day" on 3rd August 2024.

The Health Awareness Program was attended by Faculties, Doctors, Nursing Staff and other Staff of SRIMSR. Total 75 participants attend the Health Awareness Program.



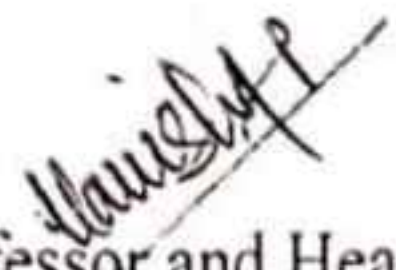
The initial keynote address was given by Dr. Kundan E. Gedam (Professor and Dean, SRIMSR), and he shared his Knowledge on road accident cases.



The speakers were;

1. Dr. Alok Agrawal (Professor & Head Orthopedics AIIMS Raipur, CG IOA Past President)
2. Dr. Atin Kundu (Professor PT. JNMMC Raipur Hon. Secretary CG IOA)
3. Dr. Manish Prasad (Professor & Head Community Medicine)
4. Dr. Anshu Shekhar (Associate Professor, Orthopedics)
5. Dr. Anand Yadao & Dr. Palash Saxena (Assistant Professor, Emergency Medicine)

Dr. Alok Agrawal (Professor & Head Orthopedics AIIMS Raipur, CG IOA Past President), explained in detail what things we should keep in mind while driving.


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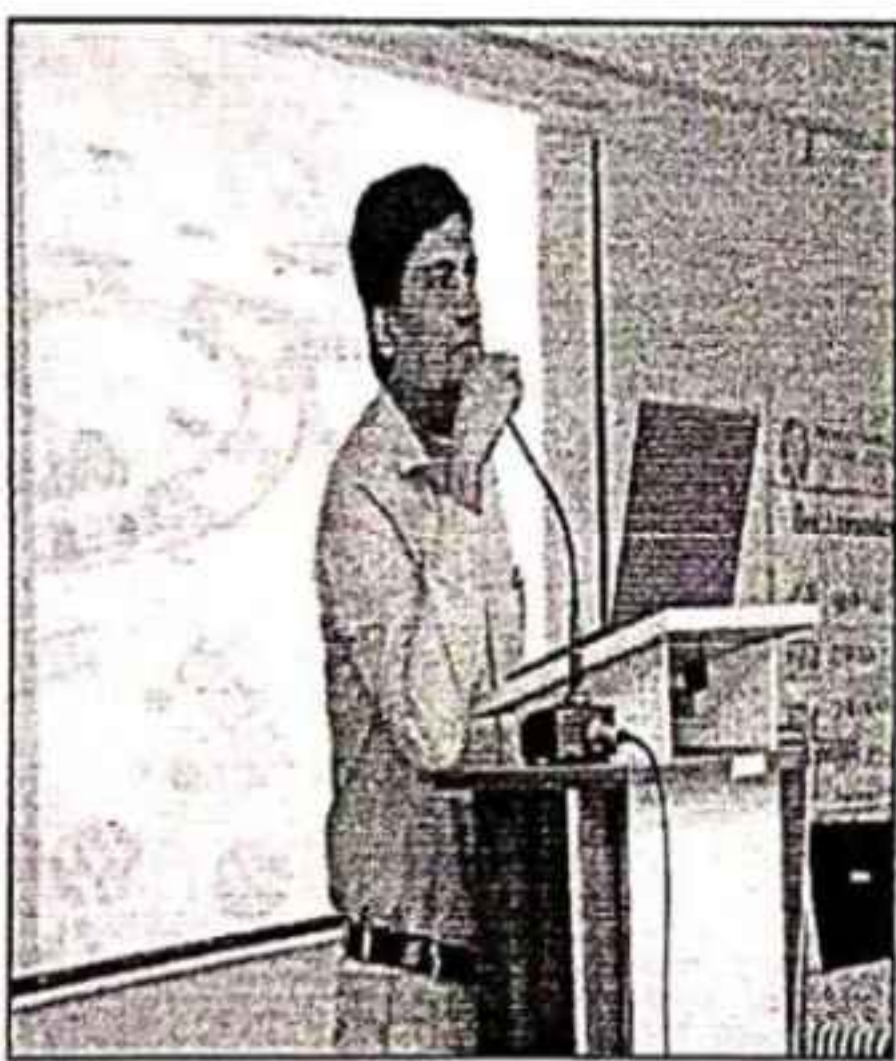
Dr. Atin Kundu (Professor PT. JNMMC Raipur Hon. Secretary CG IOA) explain that how Indian Orthopedics Association is working on a large scale on public awareness regarding road accidents on Chhattisgarh. He advised all Department of hospital to work together in spreading awareness on road safety.

Later, Dr. Manish Prasad, Professor & Head Community Medicine presented in detail the increasing cases of road accidents and their statistics in front of everyone.

Dr. Anshu Shekhar, Associate Professor, Orthopedics represent his views regarding Polytrauma and its consequences to everyone by giving various examples.

Dr. Anand Yadao & Dr. Palash Saxena (Assistant Professor, Emergency Medicine) demonstrated the precautions and measures to be given the patients during an emergency condition and explain what should be done and what should not be done in such an emergency situation.

The program was anchored by Dr. Yeesha Verma, Statistician cum Assistant Professor Community Medicine at the end of program she gave vote of thanks to the participants who were directly or indirectly involved in the smooth conduction of the program. Refreshment were provided to all the participants who attended the program.



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Department of Community Medicine
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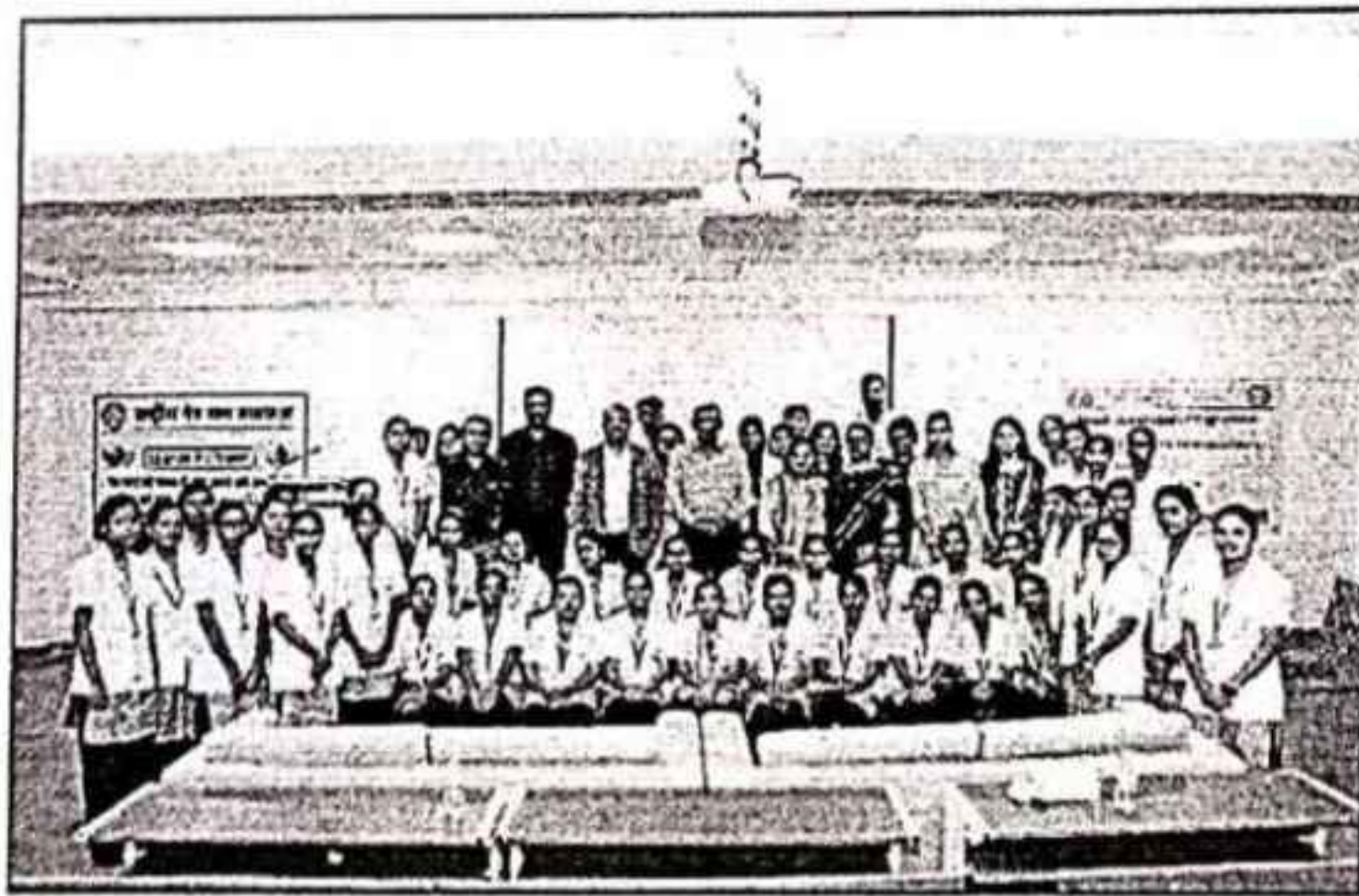
Shri Rawatpura Sarkar Institute of Medical Science and Research

Department of Community Medicine

A Report on "Eye Donation Awareness Program" in SRIMSR

On the occasion of "39th National Eye Donation Fortnight 2024" an Eye Donation Awareness Program was organized by the Department of Community Medicine and Department of Ophthalmology in Lecture Hall-01, Sri Rawatpura Sarkar Institute of Medical Sciences and Research, Nava Raipur on 05/09/2024.

The Health Awareness Program was attended by Dr. Kundan E. Gedam (Dean SRIMSR), Dr. A.K. Shrivastava (Campus Director) along with all the HOD's, Faculties, Resident Medical Officers (RMO'S), Nurses, other Staff of SRIMSR and Nursing & Optometrist Students of Ravi Shankar Institute of Nursing and Shri Rawatpura Sarkar Institute of Nursing, Dhaneli, Raipur. Total 82 participants attended the Health Awareness Program



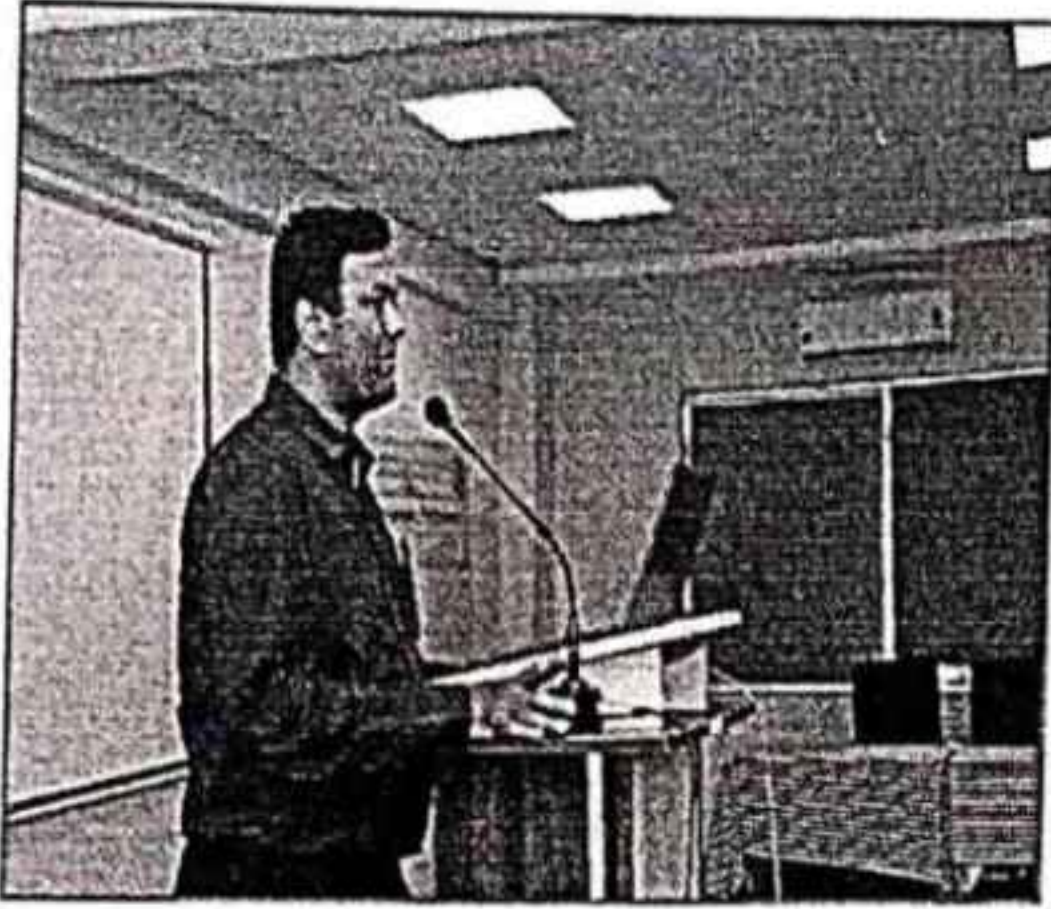
The program started with the welcome address of Dr. Kundan E. Gedam (Professor and Dean, SRIMSR)

The speakers were;

1. Dr. Sonal Vyas (Consultant Ophthalmologist, NH-MMI Hospital, Raipur)
2. Dr. Vijaya Sahu (Additional Prof. Ophthalm. AIIMS & Zonal Head Eye Bank, Raipur)
3. Dr. Manish Prasad (Professor and Head, Dept. of Community Medicine, SRIMSR)

Manish Prasad
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4. Dr. Ekta Batavia Jain (Assistant Professor, Dept. of Ophthalmology, SRIMSR)
5. Dr. Bijita Deb (Senior Resident, Dept. of Ophthalmology, SRIMSR)



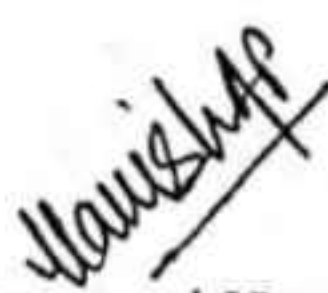
Dr. Manish Prasad, Professor and Head Department of Community Medicine presented the recent statistics related to eye donation across the world and in India.

Dr. Ekta Batavia Jain, Assistant Professor and Dr. Bijita Deb, Senior Resident Department of Ophthalmology discussed in details about the eye donation process, the myth spread in society related to the eye donation.

The Guest Speakers Dr. Sonal Vyas (Consultation Ophthalmologist, NH MMI Multispecialty Hospital, Raipur) and Dr. Vijaya Sahu (Additional Professor, Ophthalmology, AIIMS and Zonal Head Eye Bank, Raipur) shared their medical experiences with the participants and discussed in details about the procedure of eye donation.

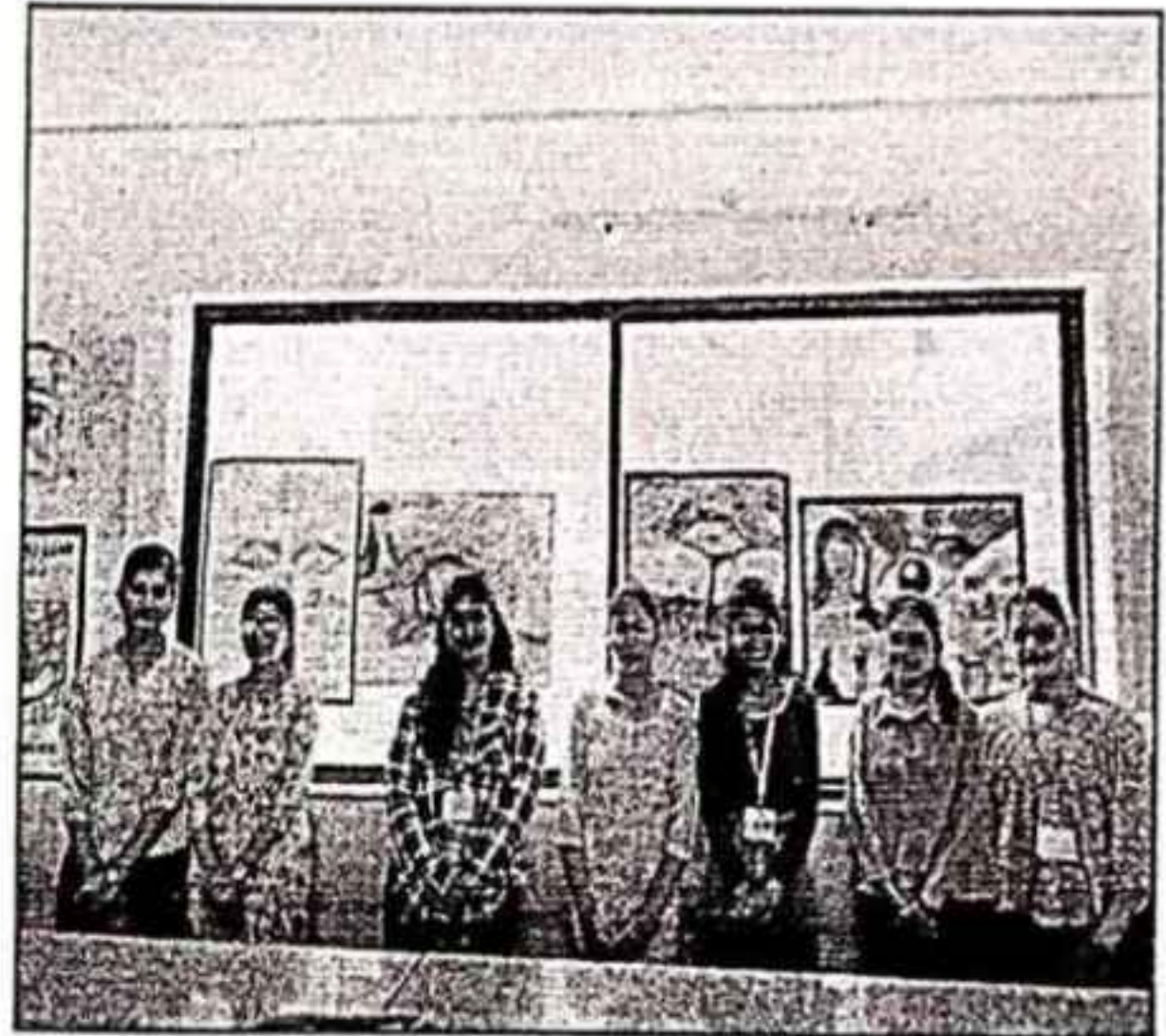
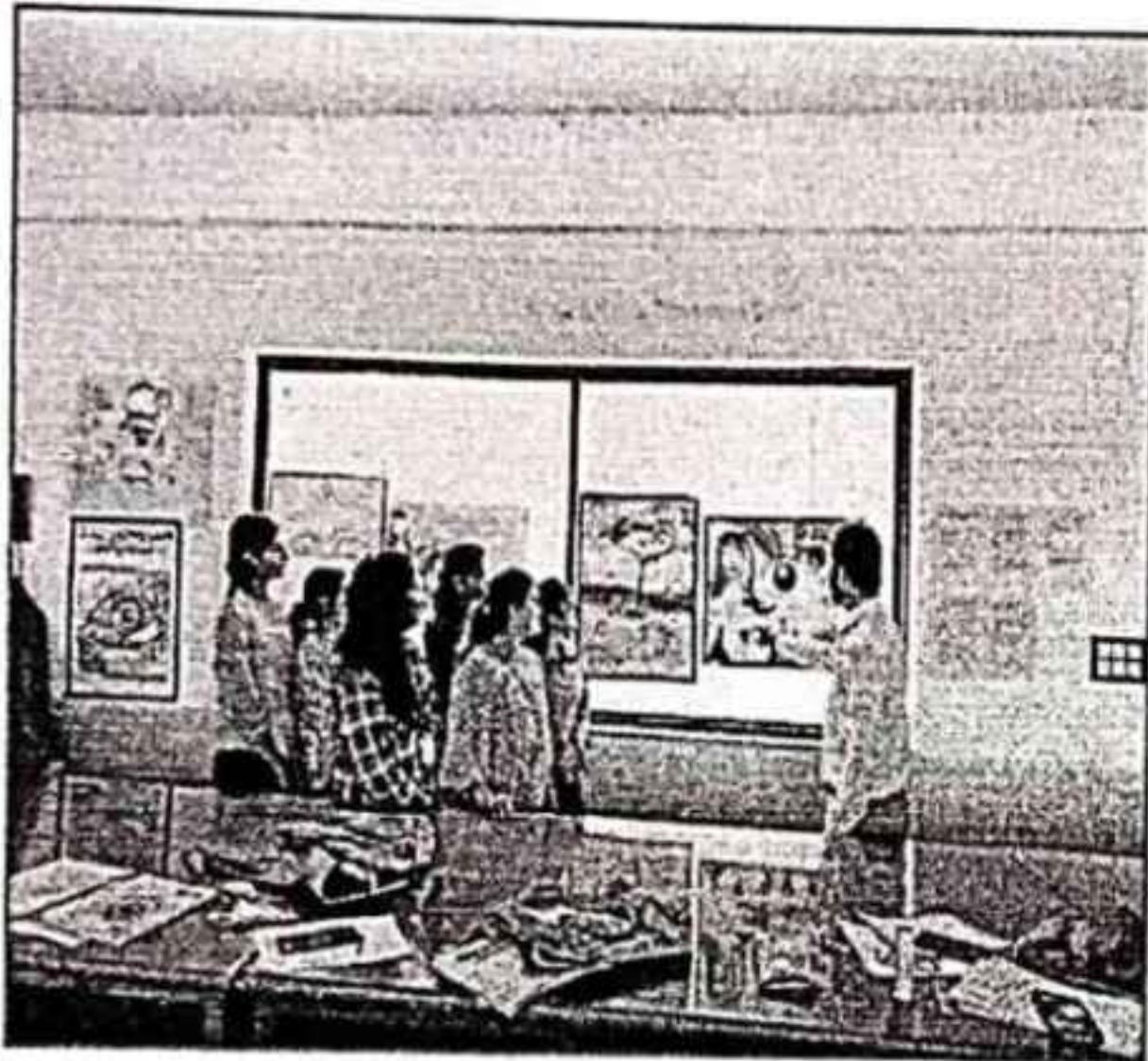


Dr. Priti Kundu (Chief Hospital Administrator) Felicitated the Guest Speakers with a memento. At the end of the program nursing college & optometry course students that participated in the poster competition on "eye donation" were awarded certificates. At the end of the event, refreshments were provided to all the participants who attended the program.


 Professor and Head
 Department of Community Medicine
 SRIMSR

A Report on "Eye Donation Awareness Program" in RHTC Dhaneli

Eye Donation Awareness Program was organized by the Department of Community Medicine in RHTC Dhaneli. The Awareness Campaign was conducted by Dr. Mayank Sen, (Medical Officer In charge). The beneficiaries included the Nursing college and the Optometry course students in the SR University Campus, Campus.



Manishap

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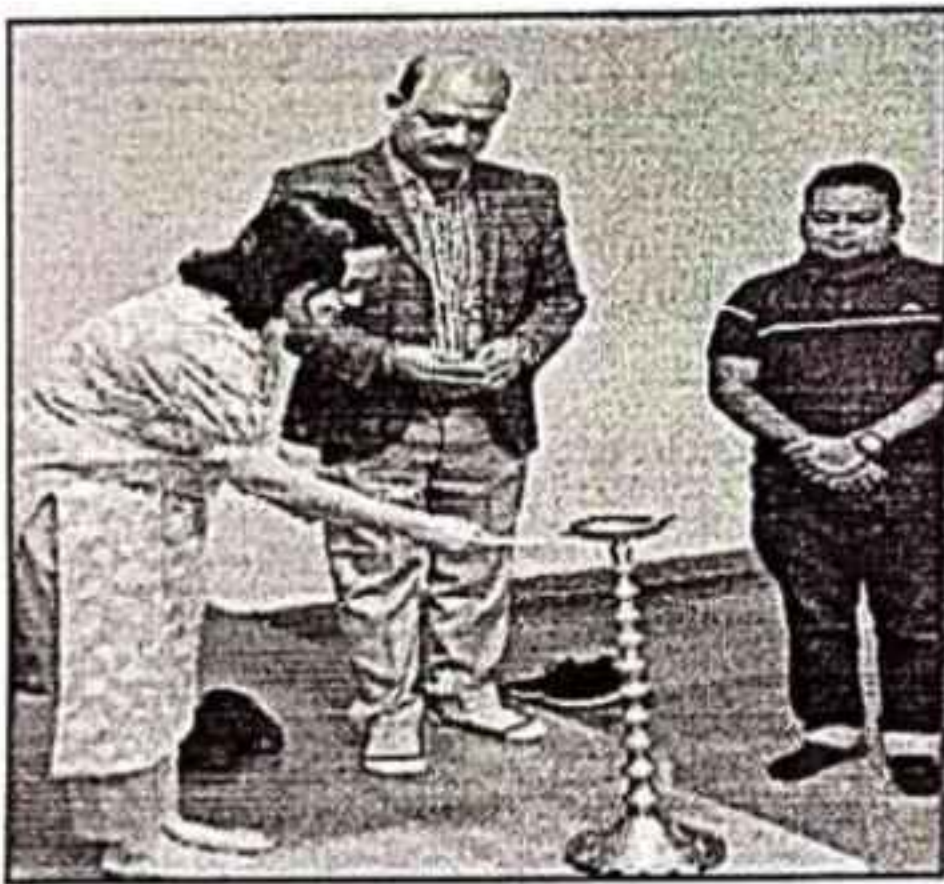
Shri Rawatpura Sarkar Institute of Medical Science and Research Department of Community Medicine

A Report on "World Cancer Day"

World Cancer Day is observed every year on 4th February. It aims to raise awareness about cancer, its prevention and treatment. This year Department of Community Medicine took part in organizing an educational and informative program in the Lecture Hall – 01 at Sri Rawatpura Sarkar Institute of Medical Sciences and Research (SRIMSR), Nava Raipur on 04/02/2025.

The health awareness program was attended by Dr. Kundan E. Gedam (Dean SRIMSR), HOD's of all the Departments, Faculties, Doctors, Staff of SRIMSR and first year MBBS Students. Total 118 participants attended the health awareness program.

After lamp lighting and welcoming the guest with flower bouquet the program started with a welcome address by Dr. Kundan E. Gedam (Professor and Dean, SRIMSR) who gave an overview of the significance of World Cancer Day and emphasized the importance of awareness in combating cancer.



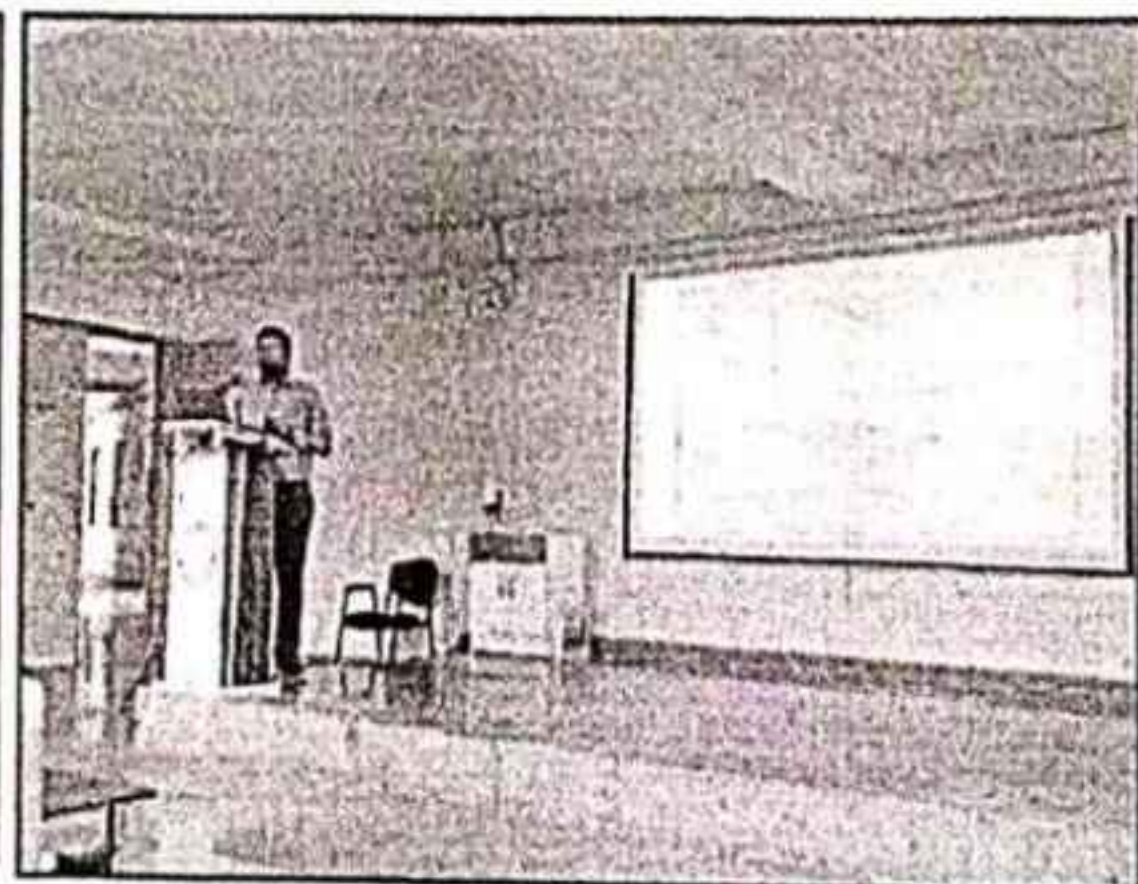
The speaker on this occasion were

Dr. Mou Roy ()

Dr. Mikal Kujur (DMS, SRIMSR)

Dr. Manish Prasad (Professor and Head Department of Community Medicine)

Keynote address was delivered by guest speaker Dr. Mou Roy (Director, Department of Onco surgery, BALCO Cancer Hospital) an expert in the field of Oncology. Speaker discussed the various types of cancer, their risk factor and cancer treatment. She also shared her medical experiences with the Faculties and the Medical Students.



Dr. Manish Prasad, Professor and Head Department of Community Medicine presented the recent statistics related to cancer. Dr. Mikal Kujur (DMS) discussed in detail about the different types of cancer, its prevention and screening .

Further Guest speaker Dr. Mou Roy was felicitated with a Shawl and a Memento.

The program was anchored by Dr. Yeesha Verma (Statistician cum Assistant Professor Department of Community Medicine) at the end of the program Dr. Manish Prasad (Head Dept. of Community Medicine) gave vote of thanks to the dignitaries and the participants who made this program successful.

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Department of Community Medicine
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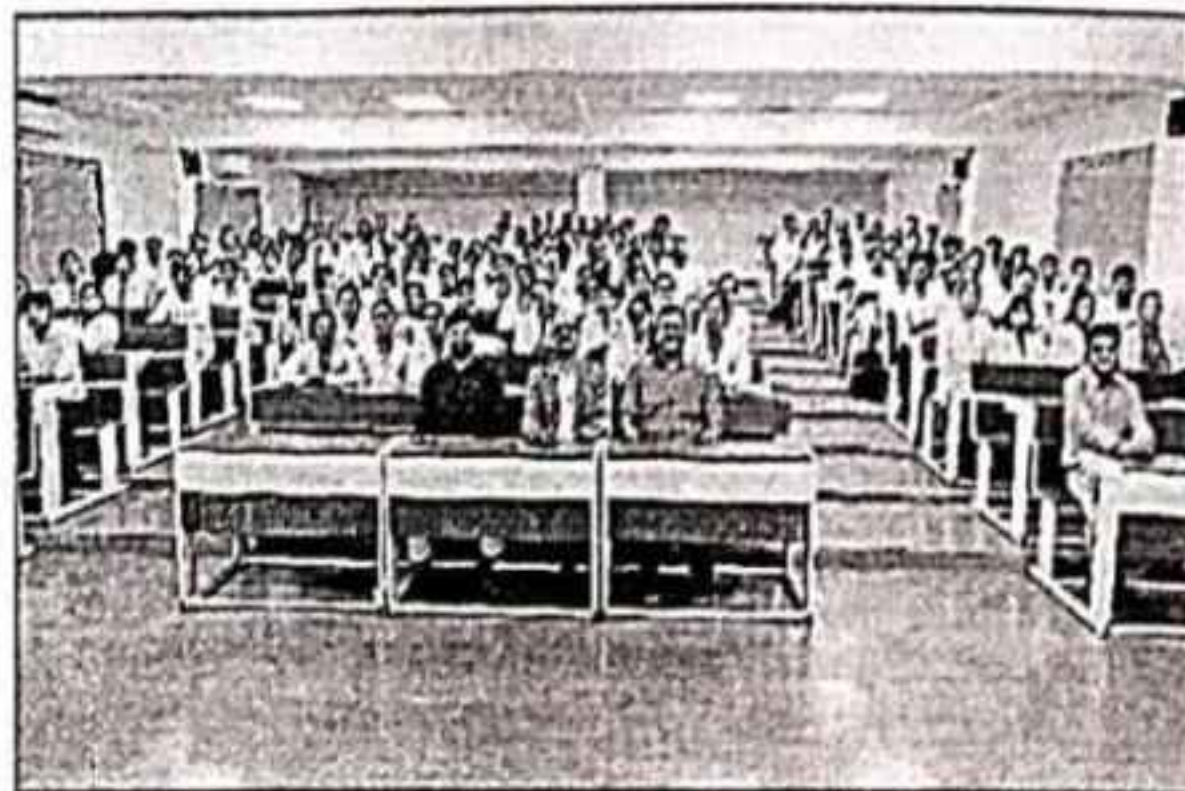
Manish

Shri Rawatpura Sarkar Institute of Medical Science and Research Department of Community Medicine

A report on "World Tuberculosis Day 24 March"

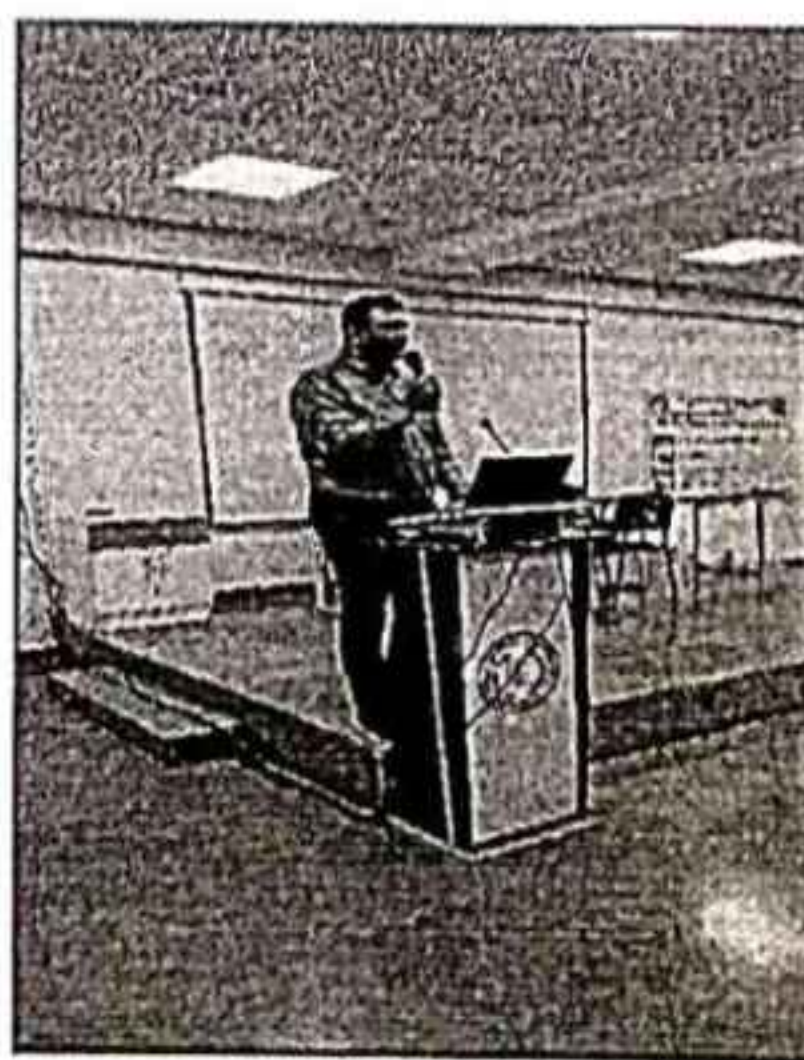
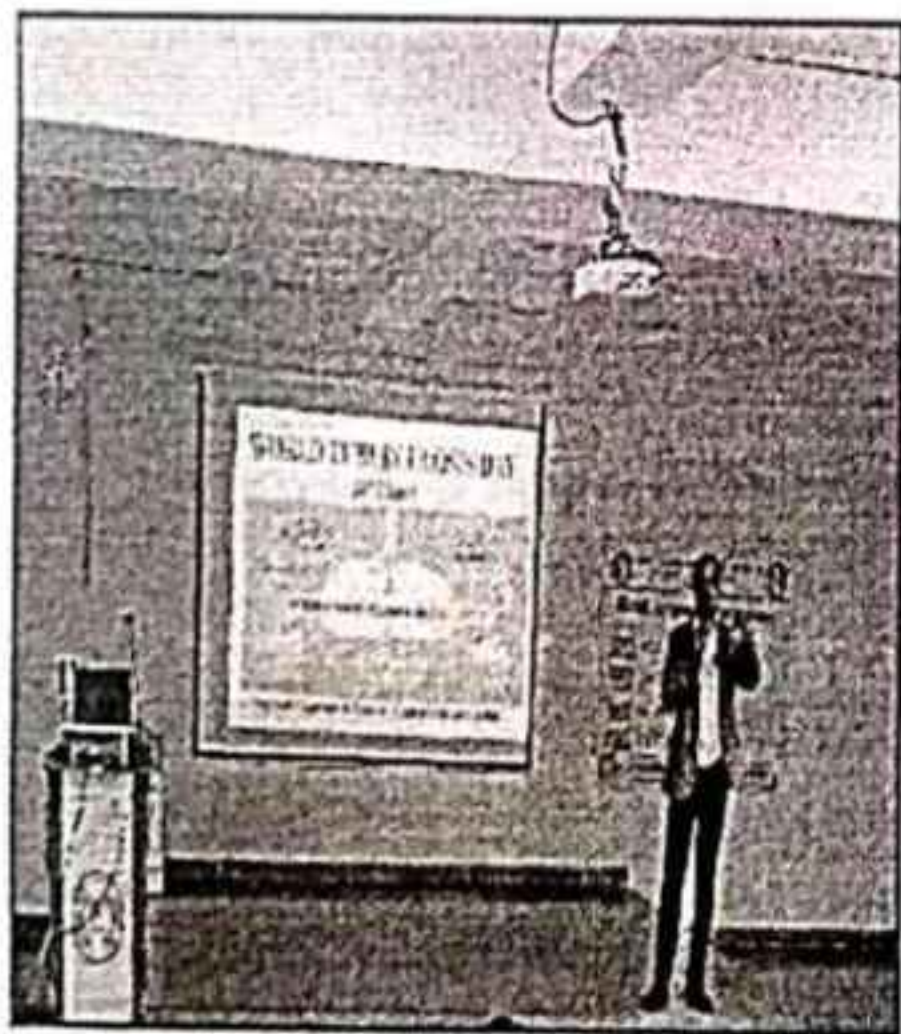
World Tuberculosis Day is observed every year on 24th March across the world. This year an educational program in which 1st year MBBS students performed role play was organized by the Department of Community Medicine along with Department of Pulmonary Medicine in Lecture Hall – 01 at Shri Rawatpura Sarkar Institute of Medical Sciences and Research, Nava Raipur on 24-03-2025.

The objective of this program was to display misconceptions related to TB and highlight the role of timely treatment. The event themed "Yes! We Can End TB: Commit, Invest, Deliver" was attended by Faculties, Doctors, MBBS Students and other staff of the institute.



The program was started with a welcome address by Professor and Dean, Dr. Kundan E. Gedam. Keynote speaker Dr. Palash Saxena (Assistant Professor, Pulmonary Medicine Department) discussed the various types of TB, their risk factors and treatment. He also shared scientific information about tuberculosis and informed that this disease can be completely cured-provided the right treatment is given at the right time.

Later to spread awareness about TB a Community Drama performance was presented by MBBS student, in which they covered the topics like Pulmonary TB, Multi Drug Resistance (MDR TB) in a lively manner, which was appreciated by all.



The Program was anchored by Dr. Manish Prasad (Head and Professor, Community Medicine) and at the end of program Dr. Yeesha Verma (Statistician cum Assistant Professor, Community Medicine) gave vote of thanks.



Manish Prasad
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Department of Community Medicine
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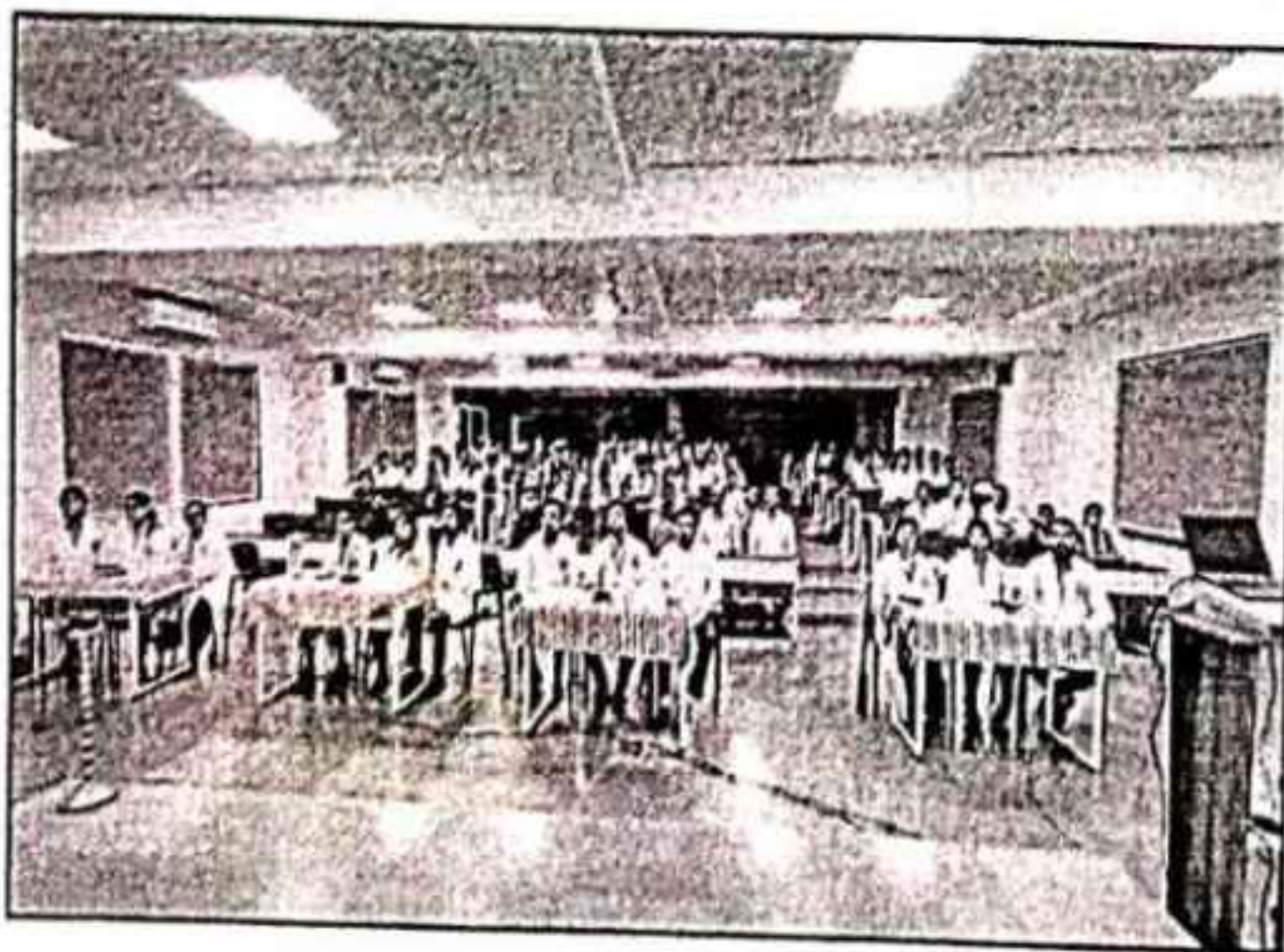
Shri Rawatpura Sarkar Institute of Medical Science and Research Department of Community Medicine

A report on "World Health Day 7th April"

Every year on 7th April, "World Health Day" is observed across the world. This year Department of Community Medicine observed this day and organized IAPSM World Health Day undergraduate quiz 2025 in Lecture Hall – 01 at Shri Rawatpura Sarkar Institute of Medical Sciences and Research, Nava Raipur on 07-04-2025. The theme of World Health Day 2025 was "Healthy Beginnings, Hopeful Future," Focusing on maternal and new born health.

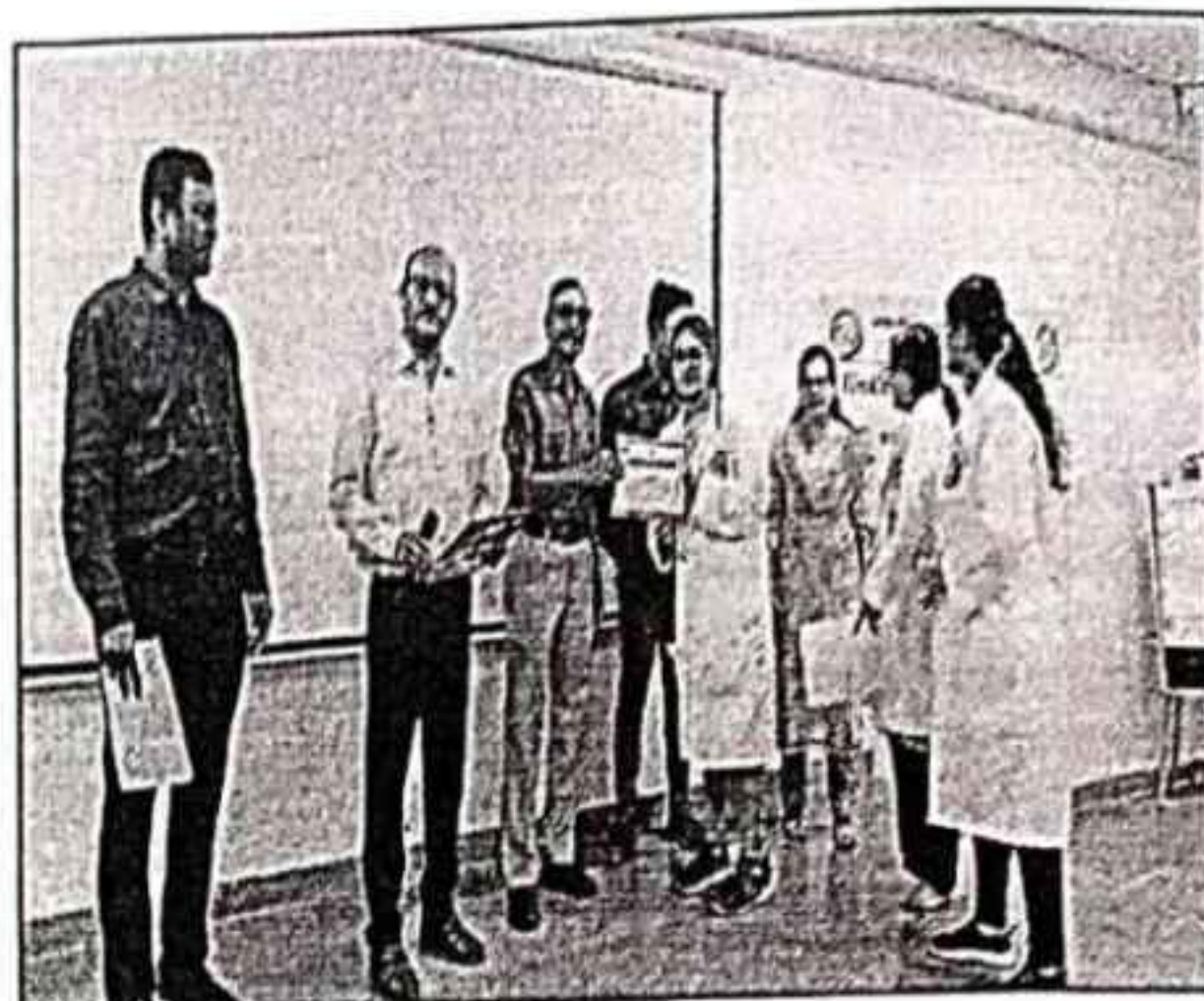
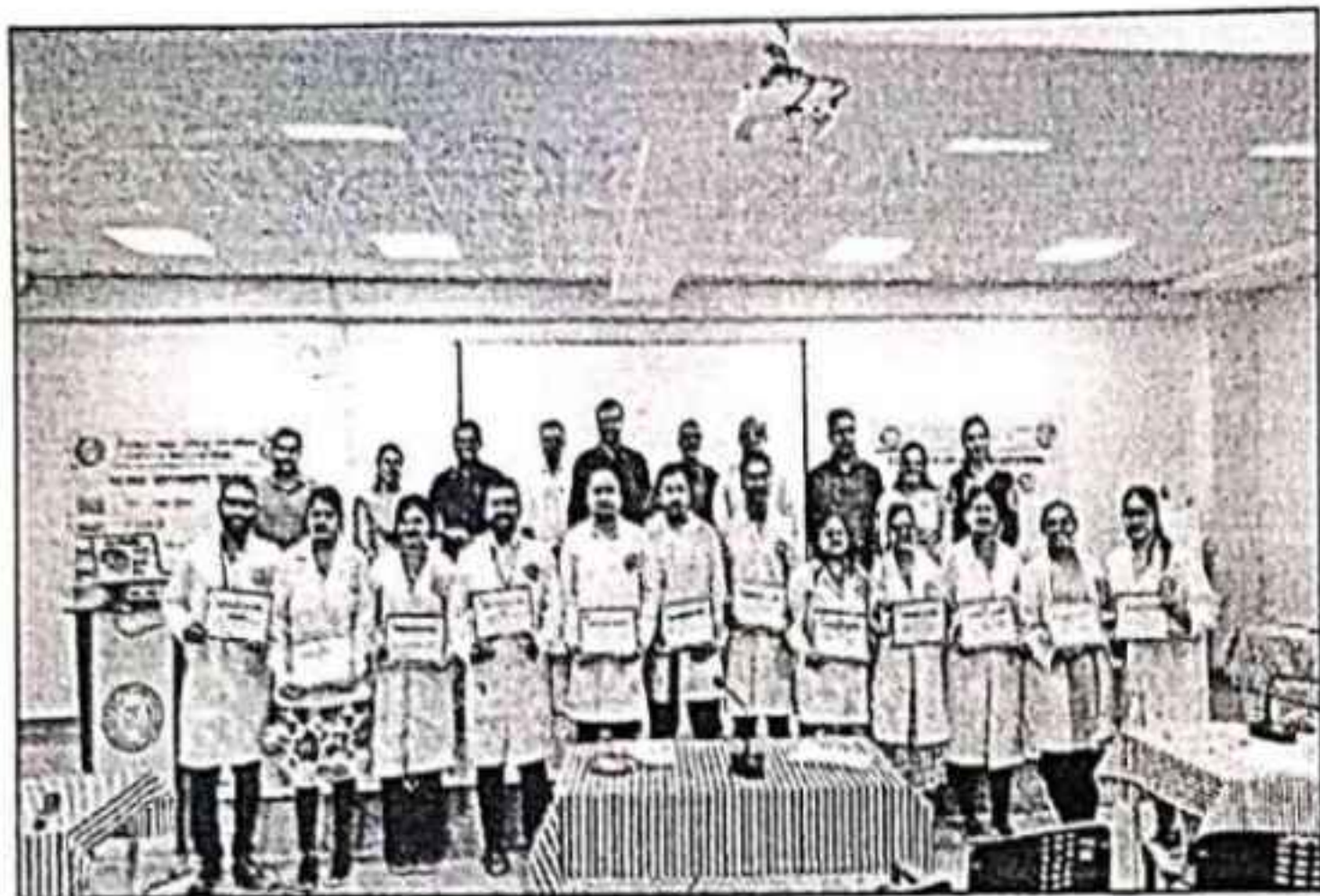


The quiz was aimed at engaging MBBS Students from across the country to motivate people about a better lifestyle by making them health conscious. The quiz started with the initial elimination round, held on 2nd April 2025, total 18 students participated in this round in 6 teams, each team consisting of 3 participants. The top 4 teams were selected to proceed to the final round, which was held on 7th April. After four intense rounds, team A (Aftab Khan, Jharokha Nayak, Varknika Singh) emerged as the winners.



Professor Kundan E. Gedam (Dean, SRIMSR) presented the certificate to the winners and first, second and third runner-up of the quiz competition.

The program was anchored by Dr. Manish Prasad (Professor and Head of Department of Community Medicine) & Dr. Yeesha Verma (Statistician cum Assistant Professor, Department of Community Medicine). At the end of the program, Dr. Keshav Kumar Dewangan (Assistant Professor, Department of Community Medicine) gave vote of Thanks.



Manish Prasad
Professor and Head
Department of Community Medicine
SRIMSR

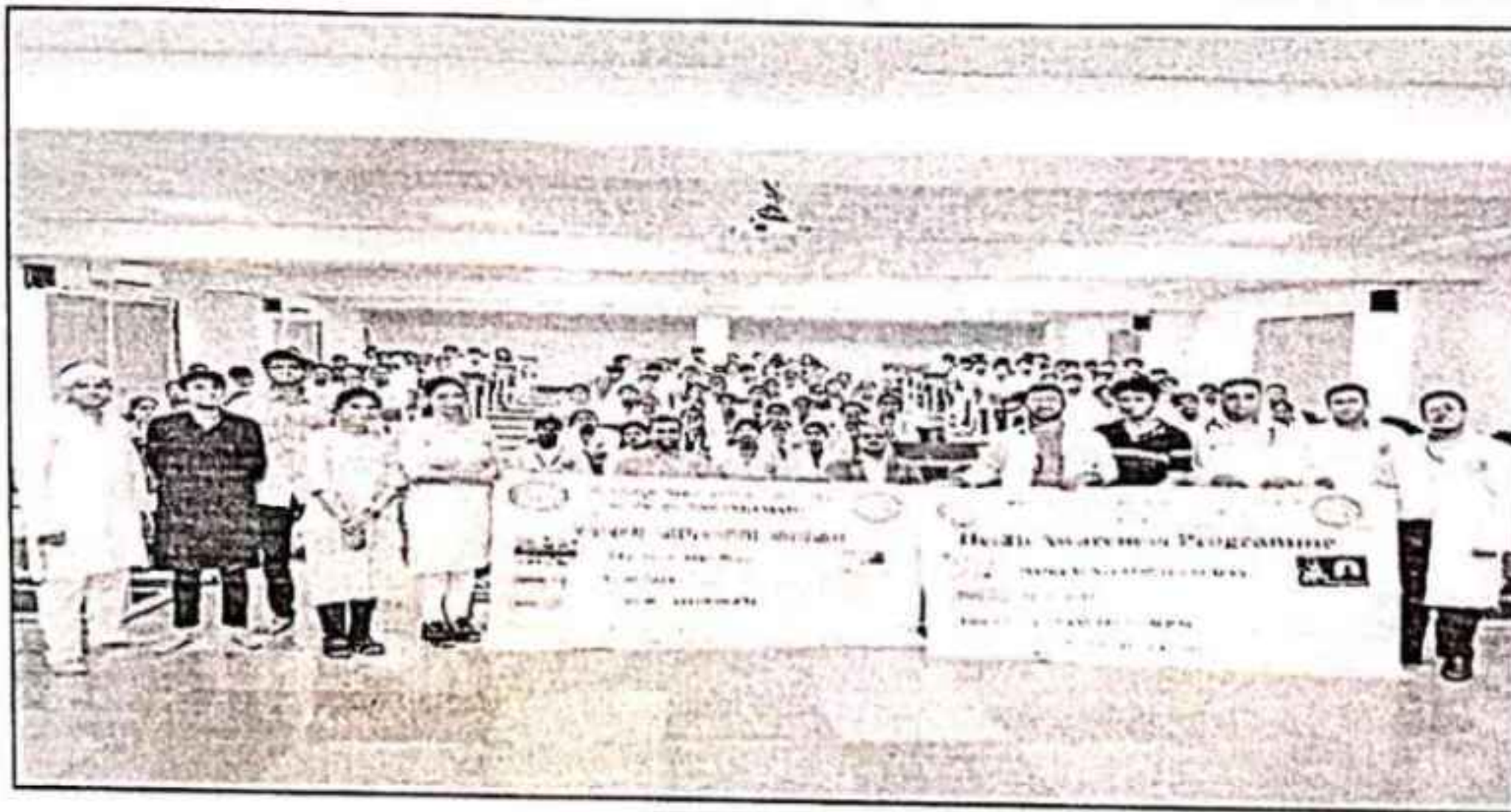
Keshav Kumar Dewangan

Shri Rawatpura Sarkar Institute of Medical Science and Research Department of Community Medicine

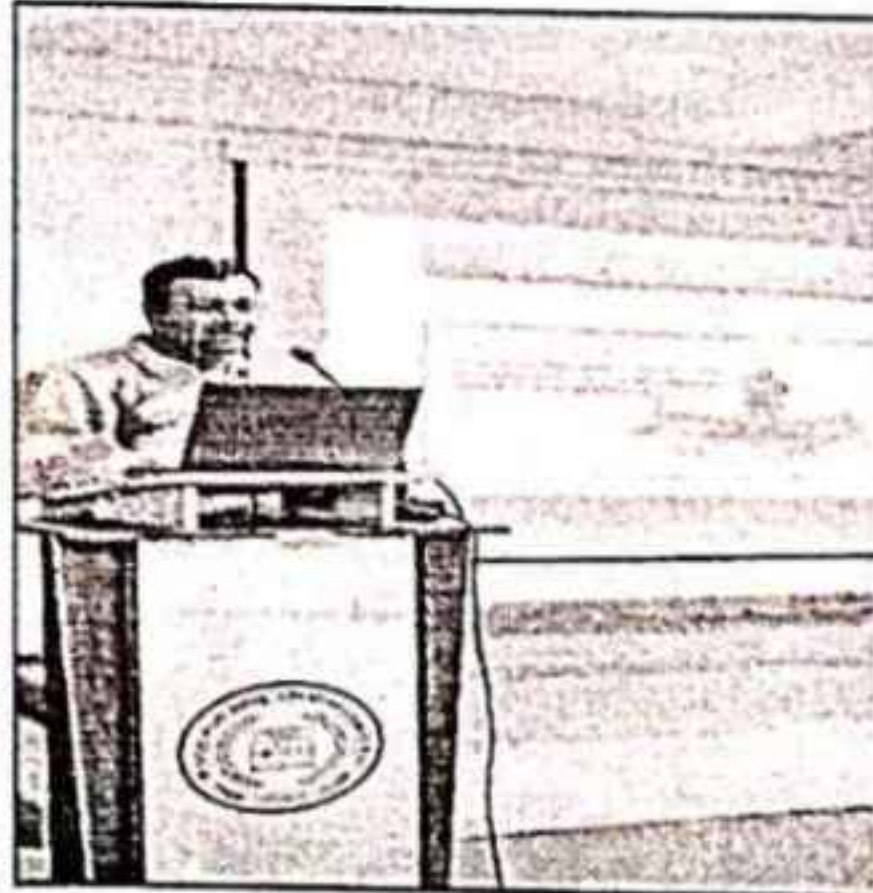
A report on "World No Tobacco Day" 31th May

"World No Tobacco Day" is celebrated on the 31st of May each year. In observance of this, the Department of Community Medicine organized a Health Awareness Program on May 31, 2025, in Lecture Hall – 01 at Shri Rawatpura Sarkar Institute of Medical Sciences and Research, Nava Raipur.

The event themed "Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products" was attended by faculty members, staff, and MBBS students of the institute.



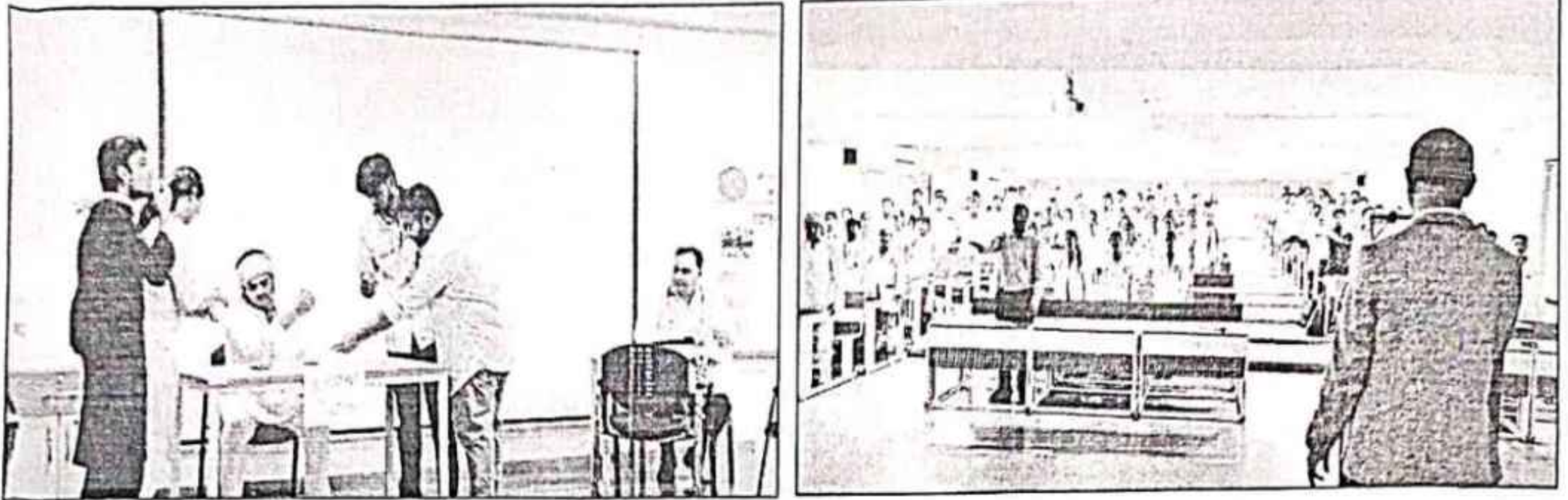
On this occasion, Dr. Manish Prasad, Head of the Department of Community Medicine, presented detailed statistics highlighting the alarming levels of both smoking and smokeless tobacco consumption in India and Chhattisgarh state.



Following this, first-year MBBS students of the same institution performed a drama to raise awareness among fellow students and participants about serious tobacco-related diseases, such as oral and lung cancer. The students illustrating how individuals are influenced to start smoking by others, and the harmful effects it has on their lives and their families.

Dr. Kundan E Gedam, Dean of the Institute congratulated and commended the MBBS students for their creative and artistic presentation. He discussed in detail the use of tobacco products such as

Gudakhu, Panmasala and others commonly used by men and women in rural areas. He also elaborated on the harmful effects of these substances on various parts of the body, including the lungs, kidneys, and urinary bladder.



Dr. Yeesha Verma, Statistician cum Assistant Professor, Community Medicine hosted the stage proceedings, delivered the vote of thanks, and spoke about how youth are being influenced to use tobacco products due to the glamorization by actors and actresses.

Manish AP
Professor and Head
Department of Community Medicine
SRIMSR

Push

**Shri Rawatpura Sarkar Institute of Medical Science and Research
Department of Community Medicine**

**A Report on Health Awareness Program at UHTC Shankar Nagar, Raipur
26th August 2025**

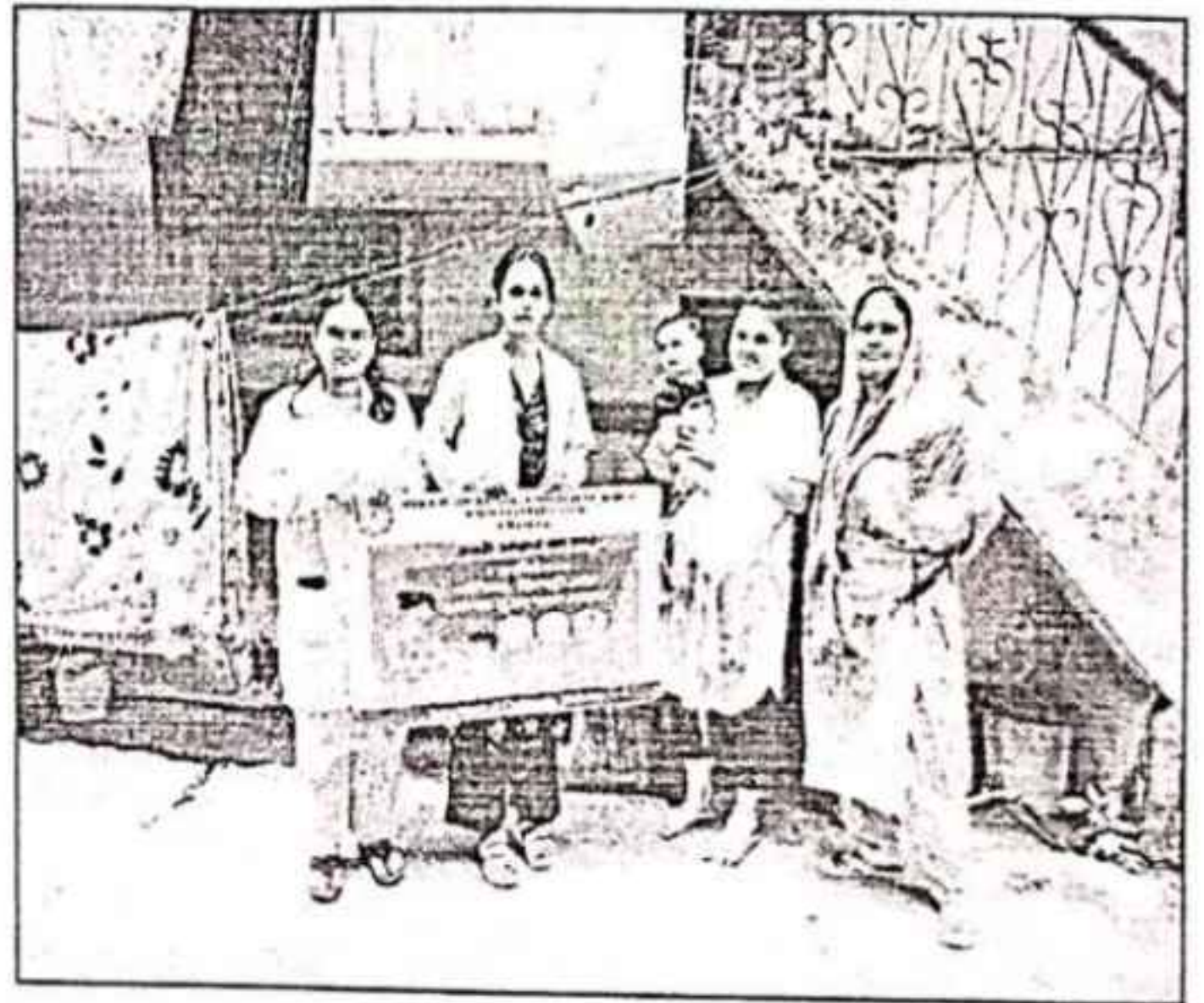
A "Health Awareness Program" was conducted at Urban Slum Area Shankar Nagar, Raipur by U.H.T.C., Shankar Nagar, Raipur under the Guidance of Dr. Yeesha Verma Statistician cum Assistant Professor and Dr. Manish Prasad Professor and Head, Department of Community Medicine, SRIMSR, Nava Raipur on 26 August 2025.

The Program was Conducted by:

Dr. Heena Verma, Lady Medical Officer, UHTC, Shankar Nagar

Dr. Ayush, Medical Officer, UHTC, Shankar Nagar

Yogita Chandrakar, Pharmacist, UHTC, Shankar Nagar



The Health Awareness program was emphasized the following key areas

- **Nutrition** specially focuses on children above 6 months.
- **Hygiene practices** to prevent communicable disease
- **Medical follow-up and screening** for early detection of health issues.

Age-Specific Health Awareness was also provided for example;

For Infants and Young Children:

- Importance of immunization schedules.
- Proper nutrition and exclusive breastfeeding for infants.

For School-Aged Children:

- Personal sanitation and hygiene.
- Menstrual hygiene management for adolescent girls.

For Elderly Population:

- Regular monitoring of blood pressure and blood sugar levels.
- Screening for common age-related diseases to timely prevention of disease etc.

Objective of the program was to raise awareness among residents of the urban slum and nearby areas about the importance of maintaining good health, seeking timely medical guidance, and adopting preventive measures for early diagnosis and management of diseases. The program aimed to educate households on healthy lifestyle practices, nutrition, and hygiene.



Manshap
Professor and Head
Department of Community Medicine
SRIMSR

Shri Rawatpura Sarkar Institute of Medical Science and Research Department of Community Medicine

A Report on Mental Health and Breastfeeding Awareness Program 25th August 2025

A "Health Awareness Program" was conducted at Swami Atmanand Government Hindi Medium School, Lalpur, Raipur by R.H.T.C. Dhaneli under the Guidance of Dr. Keshav Dewangan Assistant Professor and Dr. Manish Prasad Professor and Head, Department of Community Medicine, SRIMSR, Nava Raipur on 25 August 2025.

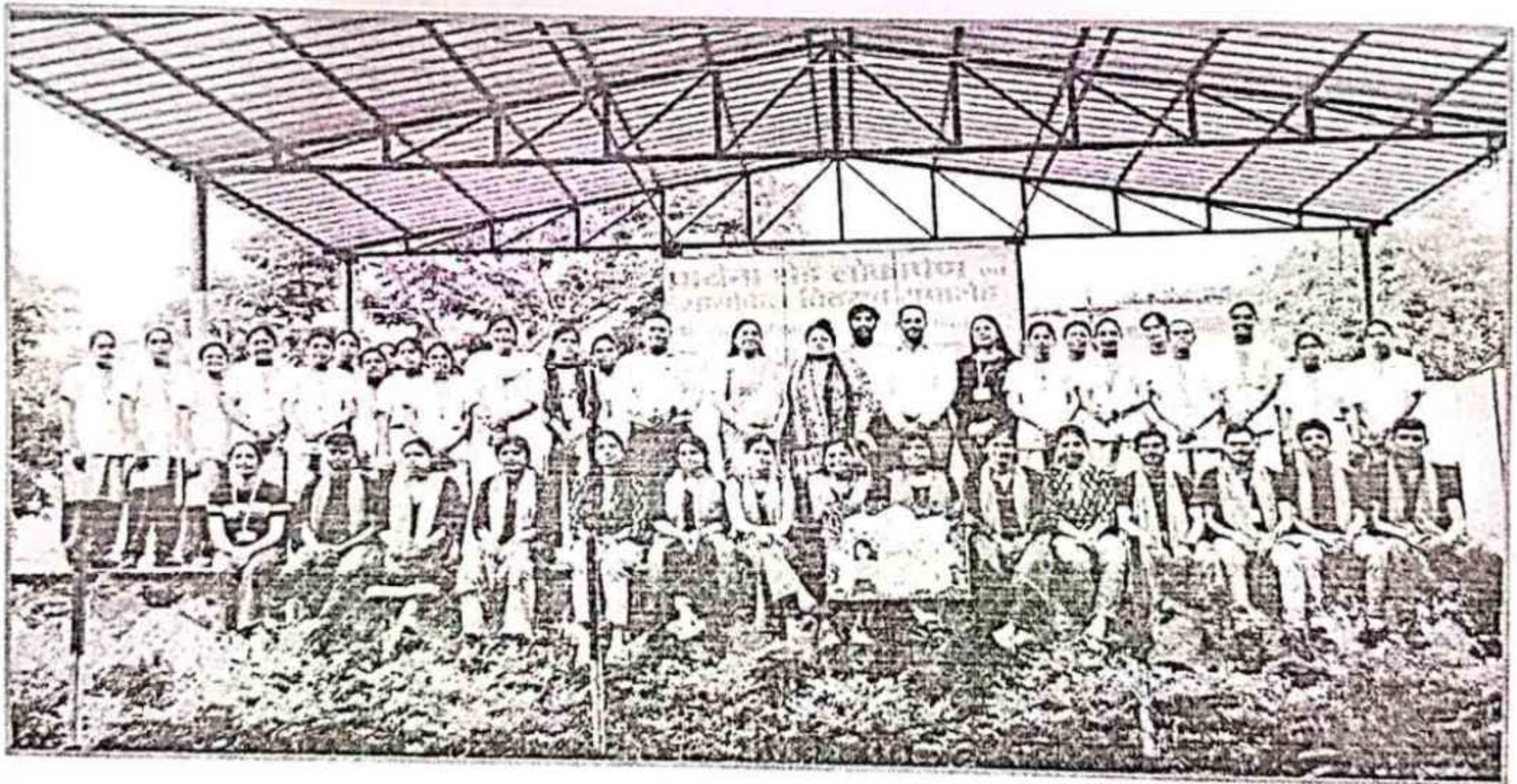
The program was graced by the presence of

Dr. Nusrat- Gynecologist, SRIMSR, Nava Raipur

Dr. Nitin Singh – Psychologist, Shri Rawatpura Sarkar University, Dhaneli

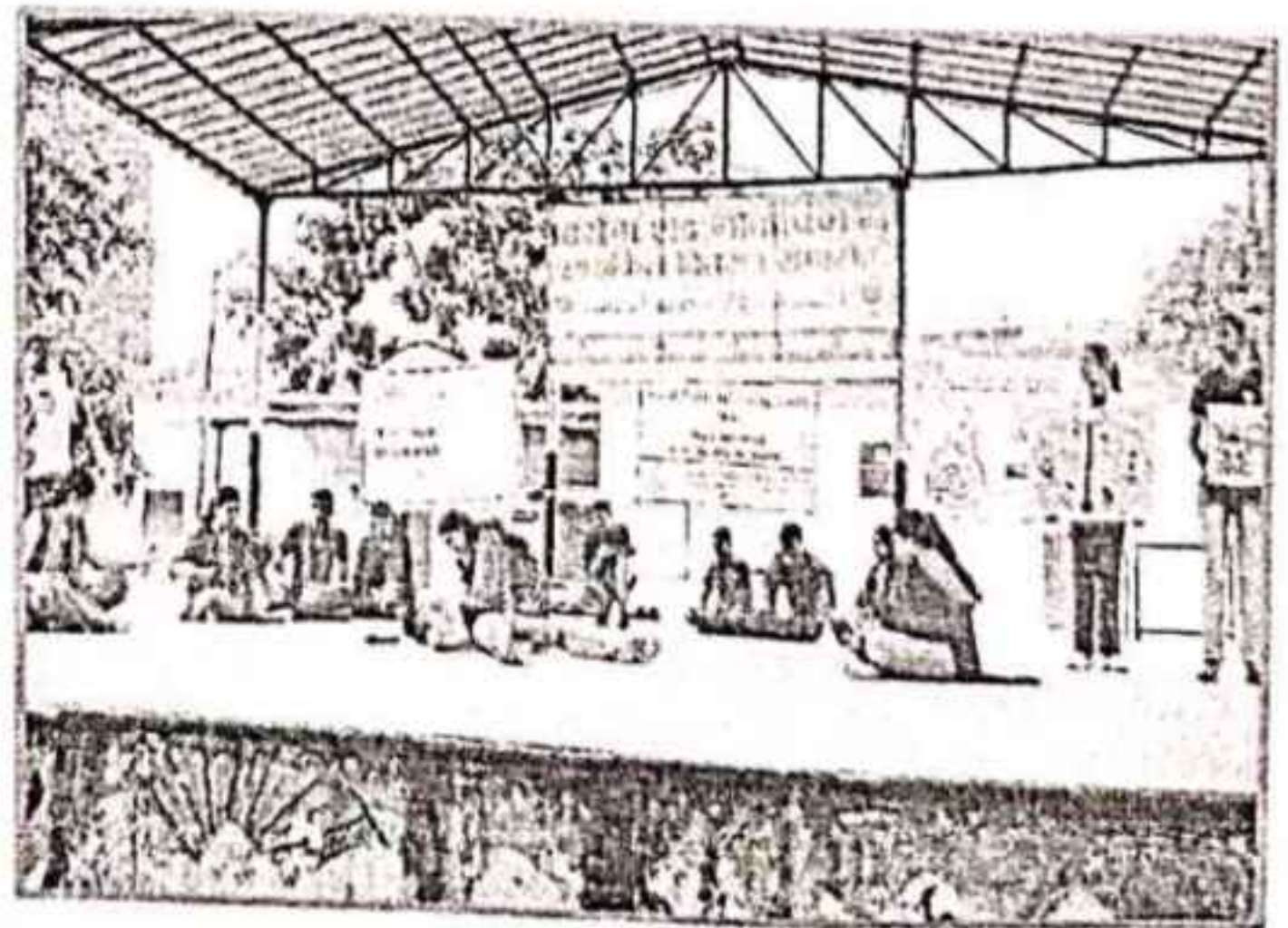
Dr. Amol Mahajan – Medical Officer, RHTC Dhaneli

Mr. Dushyant Sharma – Pharmacist, RHTC Dhaneli



The experts provided detailed information on the causes, symptoms, and solutions of mental stress. They also highlighted the importance of breastfeeding and its role in the early development of infants.

On this occasion, nursing students of Shri Rawatpura Sarkar University Dhaneli, performed an inspiring street play effectively conveying ways to prevent mental stress and emphasizing the importance of breastfeeding.



The objective of this awareness campaign was to educate students and the general public on how to manage stress and lead a healthy, stress-free life. Additionally, it aimed to emphasize how essential breastfeeding is for the healthy development of an infant.

At the end of the program, the experts appreciated the street play performed by the students, stating that such initiatives are instrumental in bringing positive changes to society.



Mausi
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